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Information for ARSP and Jay Tips is provided as a public service by CBA Alberta in collaboration with CBA Shibh Columbia. The tips are intended to be used as general guidance. For specific advice about filing a 2015 fair return, please consult with Canada. Revenue Agency or a Chartered Professional Accountant (CPA).



Your essential daily news | TUESDAY, MARCH 8, 2016

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NOCHARGES

Investigation into bobsleigh track crash that killed two teens ends metroNEWS

Racist letters highlight gap in city policy

PUBLIC DISCOURSE

Council void of process to address bigoted feedback



Helen Pike Metro Calgary

If you submit a racist letter to Calgary city council, expect a knock from Mayor Naheed Nenshi at your door — and he might just call you an idiot.

The City of Calgary doesn't have a policy for how to handle bigoted public feedback, including hate speech. This allowed two questionable letters to creep into the public discourse on Monday after several residents voiced opposition to two secondary suite amendments in the community of Southwood.

"There were a couple of letters submitted that were frankly disgusting,"

Nenshi said. "Please don't take offense to the fact that you've got a couple of idiots living in your neighbourhood."

The letters asked the applicants to "butt out, right out of the country." One letter went so far as to suggest if they wanted to "live in a community of savages" they would move to a third-world country.

Coun. Brian Pincott asked council to strike them from corporate records.

Some councillors, including Ward Sutherland and Diane Colley-Urquhart, said that although the letters were disturbing, they were afraid of infringing on freedom-of-speech rights.

"Is it appropriate? Of course not. However, I don't feel comfortable being a judge," said Sutherland. "That's going to be a slippery slope."

The letters weren't stricken from the record. But Colley-Urguhart asked to take the issue to the Governance Task Force and find a better way to deal with controversial letters.





Your essential daily news

Are you trying to save money? Avoid shopping or going out with friends. Business



IN BRIEF

Woman dies in crash

A woman, believed to be in her 20s, is dead after losing control of her SUV north of Okotoks on Monday morning, according to Emergency Medical Services.

Just before 8 a.m., EMS from Okotoks responded to 80 Street and Dunbow Road for reports of a motor vehicle collision.

Paramedics determined the SUV had potentially rolled, causing the driver, who was the sole occupant, to be elected from the vehicle.

There were no witnesses to the crash, according to officials, but a caller reported hearing the collision from their home.

Paramedics noted substantial damage to the SUV and debris around the crash site.

The driver died at the scene, METRO

Charges laid in January homicide in Cranston

Calgary police have arrested a man in connection with the suspicious death of Cindy Enger.

Joseph D'Arcy Schluter, 45, of Carstairs is charged with one count of first-degree murder in connection with this case. He's scheduled to appear in court Monday.

Police said Schluter knew Enger well, adding motive and cause of death will not be released as both form part of the evidence that will be presented in COURT. METRO

Chitter ads pulled

MACEWAN UNIVERSITY

Students react to flyer seen to make light of sexual assault



Helen Pike Metro Calgary

Rape isn't funny.

And after a flyer for a popular University of Alberta app circulated in the halls of MacEwan University Friday, student officials stood up to say: That's not OK here.

The ad, an image of a cellphone, read: This is MacEwan University in an app. It had de-

pictions of Chitter commenters making light of sexual assault and rape. We're concerned

According to Twitter state- as student leaders email from Kyle ments, the combecause it adds pany has apologized to students to the idea of rape and pulled their campaign.

The popular app launched by recent grads is an anonymous way for people to communicate with their campuses. The message board style application requires users to have a university email to participate and comments on anonymous posts are made public.

"It's been a popular app for students," said Students' Association MacEwan University, VP external Danika McConnell.

"It had never erupted into something negative, at least from

what I had seen."

It wasn't the app itself that made her jaw drop - it was the marketing campaign strewn across tables, chairs and in the hands of students as they flooded into the SAMacEwan office with the flyers she described as "shocking."

"They highlighted some sort of humour they may have found within a sexual violence context. In my mind I just can't wrap my head around that - and neither can our students, our faculty or staff," said McConnell.

Quickly, messages of disappointment flooded social media and the people at Chitter created a Twitter account to respond.

"We now take our marketing very seriously and scrutin-

ize anything we publish to make sure it cannot be taken the wrong way," read an Kaiser, a co-owner. "The flyers were not representative of MacEwan, Chit-

ter, or the Chitter

community."

Romy Garrido

culture.

Romy Garrido, chair of Council of Alberta University Students (CAUS), said it's concerning these messages would be used to appeal to students.

"Sexual violence and sexual assault is a hot topic right now on campuses across Canada and the U.S." said Garrido. "We're concerned as student leaders because it adds to the idea of rape culture, it adds to the normalization of sexual assault and sexual violence."



A screen shot depicts the upsetting nature of Chitter's advertising.

CT scans drop as wait times increase



Jeremy Simes For Metro | Calgary

The province has seen a dip in the number of outpatient CT scans performed, underscoring Dr. Paul Parks' claims the reduction has caused wait times to spike.

On Sunday, Parks - an ER doctor from Medicine Hat - claimed Alberta's health centres have been told to reduce the number of outpatient scans for budgetary pressures, causing people to flood ER rooms for the service. For the 2015-16 fiscal year, Alberta Health Services (AHS) performed 196,411 outpatient CT scans, a dip of 4,289 from 200,700 outpatient scans in 2014/15. CT scans are used to diagnose cancer and kidney stones.

"It's frustrating — It's less costly to do scans as outpatients than in emergency," he said. "There's no question that they reduced outpatient CT scan numbers."

In early 2015, most non-urgent patients waited up to 10 weeks for CT scans, but in December that number reached 15 weeks. The Canadian Association of Radiologists says patients should wait eight weeks. AHS has disputed Parks' claims, noting the overall number of CT scans are up.

It said there has been an increased demand for emergency CT scans across Alberta, adding an increase in the number of patients requiring emergency scans could reduce the number of outpatient scans performed.

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BROKEN CITY

No patio speakers for popular bar: City



The city isn't budging on its decision — Broken City must apply for a new permit or get special events licences.

In mid-February, the bar was slapped with a warning notice that decreed Broken City shall not have speakers on its patio. If it gets caught, it could be fined.

Patrons and musicians were

outraged — the bar is home to one of the city's best patios, they said.

But permit rules are rules after all, according to Joshua Howes, change management specialist with planning and development at the city. The bar's patio is zoned as an outdoor cafe, meaning it's operating outside its development approval by having speakers on the patio.

Broken City co-owner Andrew Brassard said he is exploring whether he should apply for a new permit or get special events licences, but still hopes to consult with the community and the city to see if an agreement can be made.

In 2015, the Beltline area saw 30 noise complaints and, in 2016, it's only seen one complaint—directed at Broken City.

It goes to show one person can ruin the fun for everyone, according to Chad Salyh, Last Best Brewing & Distilling, which was co-hosting the Big Winter Classic festival with Broken City.

Like Last Best, numerous establishments in the city's most vibrant neighbourhoods have speakers on their patios.

Tanya Chandler, assistant manager for Oak Tree Tavern, said she keeps the patio speakers up until 11 p.m, adding the restaurant has a decent relationship with neighbours.

The 17th Avenue hotspots National and Cilantro also have speakers, noting they've never had complaints they're aware of.



David Shepherd thinks housing that does not allow children is discriminatory and wants to see provincial laws changed to prohibit it. METRO FILE

Call to end age-linked housing

REAL ESTATE

Advocate says adult-only buildings serve a purpose

Ryan Tumilty Brodie Thomas Metro | Edmonton

Edmonton-Centre MLA David Shepherd wants to close the door on adult-only apartment buildings to make it easier for families to find housing.

Shepherd said he has heard from several constituents since coming to office last year that were struggling to find a place to live because buildings wouldn't allow children.

"I did hear some stories from people who were living in apartments in the down-

Alberta has

always been a free

market province.

Gerry Baxter

town (Edmonton) core and when they became pregnant were forced to leave," he said.

He said Alberta is the only jurisdiction in Canada that al-

lows adult-only buildings.
Shepherd said he initially considered addressing the issue with a private member's bill, but said it will take more time

to figure out because the Human Rights Act is complicated legislation.

However, Gerry Baxter, executive director of the Calgary Residential Rental Association, said Shepherd doesn't have the statistics or numbers to show that adult-only buildings are even a problem.

"We don't want to see a piece of legislation that would help a small few, and would also have a negative effect and prevent others from enjoying the rights they currently enjoy," he said.

Baxter said there are many reasons why people choose adult-only buildings, such as shift workers and students who are looking for quiet lodgings.

He said in Calgary, the majority of buildings do allow families with children. And those that don't are usually located in places such as the Core and Beltline which lack

> parks and green spaces for children.

He doesn't think Alberta should blindly follow suit with other provinces on amending legislation.

"Just because someone else does it doesn't mean we have to follow suit. Alberta has always been a free market province," he said.



Tragic case closed

CANADA OLYMPIC PARK

No charges laid in bobsleigh crash that killed teens

No charges will be laid in a tragic bobsleigh crash at Canada Olympic Park that claimed the lives of two Calgary teens, the Calgary police said Monday.

As previously reported, teens Evan and Jordan Caldwell were killed when they took a plastic sled down the bobsleigh track and crashed into a gate.

Investigators confirmed that on Feb. 6, just after 1 a.m., eight teens age 16 to 19 climbed over a seven-foot locked fence at Canada Olympic Park, while carrying three plastic sleds.

Officials said the teens went down the track in three groups.

The first group included three people on the sled, including Evan Caldwell, who was sitting on the rear of the sled.

Investigators said at turn No. 5, where the bobsleigh and luge tracks merge, a large barrier/gate was configured to open the luge



Teens Evan and Jordan Caldwell, shown here with their family, were killed Feb. 6 when their sleds crashed into a gate at Canada Olympic Park, CONTRIBUTED

track - and block the bobsleigh track. It's about two feet in height and 60 feet in length, with a thick metal chain and bar holding the structure in place. The first group collided with the gate.

The second group and the third group, which included Jordan Caldwell at the front of the sled, followed, both hitting the gate.

One of the teens used a cellphone to call 911 for help. Both Evan and Jordan Caldwell died.

During the boys' funeral in early February, their father Jason Caldwell said they were smart, accomplished and always willing to help a friend.

"(Their mother) Shauna and I never, ever had to have that talk with the boys about excellence.

Excellence was in their hearts. There was never an I-have-to attitude. They always had an I-get-to attitude to everything they did."

After an investigation including interviews with all the parties involved, and due to the specific circumstances of the incident, police said charges will not be laid. METRO STAFF

Province to enact climate change law

Albertans are to learn details in the upcoming legislature session about how much the province's new carbon tax is going to cost them.

House leader Brian Mason says the government plans to introduce legislation to support its climate change strategy.

Mason says the bill will spell out levies, rebates and will create a new energy efficiency agency.

The carbon tax is to take effect next Jan. 1 and is expected to bring in \$3 billion a year when fully implemented.

The goal is to get people to reduce their carbon use through taxes on everything from gas at the pumps to home heating and electricity.

The government plans to rebate some of that money to middle- and lower-income earners and to small businesses. THE CANADIAN PRESS



Two big malls see sales increase in December

Despite trying times, sales are up at both Chinook Centre and Market Mall. In a recent survey, Retail Insider found the malls among Canada's top 25 most productive shopping centres, based on annual sales per square foot.

As of December 2015, Chinook Centre saw \$1,119 sales per square foot, up \$36 from \$1,083 sales per square foot in 2014.

Market Mall saw a slight uptick, too. As of December 2015, it garnered \$961 sales per square foot, up \$19 from \$942 sales per square foot in 2014.

In 2015, both Chinook and Market placed sixth and 12th on Retail Insider's list, respectively.

The most lucrative malls were found in Toronto and Vancouver, Edmonton's Southgate Centre placed 5th with \$1,215 sales per square foot in 2015. METRO



Calgary | metr

NEWS Tuesday, March 8, 2016

Men's attitude to abuse changing: Survey

VIOLENCE AGAINST WOMEN

Awareness campaigns credited for positive trend



Men's attitudes about violence

against women are shifting in a positive direction, according to a joint survey by the Alberta Council of Women's Shelters and the YWCA.

Elsbeth Mehrer said 65 per cent of men are likely to recognize that violence against women and girls impacts women they care about in their lives — up from 54 per cent in 2012.

One in five men have witnessed abusive behaviour against a woman in the past year, and two-thirds of those men have checked to see if the woman was OK or needed help.

Mehrer feels that results have improved because of widespread awareness campaigns and an increase in conversations about the issues in men's social circles.

"We know that abuse is a crime that thrives in darkness, so the more we talk about it



There's lots of misconceptions about domestic violence and I think it often gets oversimplified as: If he hits you, just leave.

Elsbeth Mehrer

and the more we call it out when we see it, that's what will break down these attitudes and the experience of violence," said Mehrer.

However, the survey also

found 61 per cent of Alberta men found it hard to understand why women stay in an abusive relationship.

"This is one of those complicated things," explained

Mehrer. "There's lots of misconceptions about domestic violence and I think it often gets oversimplified as: If he hits you, just leave."

Mehrer said women are conflicted, as this could be a man they once or still love, or he could be the father of her children or the main breadwinner of the house. Questions about where they will live and where to take their kids become considerable barriers.

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Former professional wrestler Bret Hart, right, and surgeon Dr. Eric Hyndman discuss the importance of PSA testing for men, at a news conference in Calgary on Monday. THE CANADIAN PRESS

Wrestler reflects on cancer surgery

Canadian professional wrestler Bret Hart may have won the biggest bout of his life.

The grappler known as "The Hitman" spoke Monday about surgery he received for prostate cancer on Feb. 10 and said he's feeling pretty good.

"I like to think, at least for right now, I'm cancer-free. I've still got all of the followups and I've got to be checked regularly for the next couple of years," he said at a news conference at the Calgary Prostate Cancer Centre.

"You never know if the cancer is going to come back, but for the most part I'm through the hard part."

The 58-year-old disclosed his cancer diagnosis on social media last month, but had known it was coming since

last year.

"I kept it to myself for a long time, about six months. I debated on saying anything to anybody," said Hart, who sat next to his urologist, Dr. Eric Hyndman.

"It was really scary for me,

and the more I talked to people who had prostate cancer, it scared me more," he added.

Hart underwent a robotic prostatectomy.

"That's surgical removal of the prostate," explained Hyndman. "I'm happy to report his margins were negative. That means all the cancer should be out ... and we'll see how he does down the road.

"He's got an excellent chance of being cured at this time."

THE CANADIAN PRESS



MCCANN CASE

Trial to begin for man accused of killing couple

It's been nearly six years since Lyle and Marie McCann, 78 and 77 respectively, were last seen fuelling up their motorhome in their hometown of St. Albert, north of Edmonton.

They were heading out for a holiday in British Columbia and Mounties believe the seniors were

murdered along the way, although their bodies have never been found.

A first-degree murder trial is to begin Tuesday for longtime suspect Travis Vader. He was described as a person of interest soon after the McCanns disappeared and eventually charged. But the charges were stayed before being reactivated in late 2014. THE CANADIAN PRESS

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Canada | metr

NEWS **8** Tuesday, March 8, 2016

U.S. pours it on for PM Actress mistaken for PM's

Trudeau's state dinner planned for months in tailored detail

One dinner. Months of planning.

On Thursday, Prime Minister Justin Trudeau will join the ranks of other leaders, from Queen Elizabeth II, to Indira Gandhi, to Mikhail Gorbachev, who have been feted at a White House state dinner.

"A lot of planning has to go into these events, which is why they are comparatively rare," a historian with the White House Historical Association told the

The invites are done in careful calligraphy. The centrepiece floral arrangements are overseen by the White House floral designer. The china settings selected there are seven to choose from for a full state dinner.

The meal, planned by White House executive chef Cristeta Comerford and executive pastry chef Susan Morrison, will run four or five courses and feature



Canadian Prime Minister Justin Trudeau and his wife Sophie Gregoire arrive at the Commonwealth Heads of Government Meeting in November 2015 in Malta. Washington is preparing to roll out the red carpet for the prime minister for a state dinner at the White House, GETTY IMAGES

a personal touch to acknowledge the visiting leader.

Washington is preparing to roll out the red carpet for Trudeau and wife Sophie Grégoire-Trudeau to fete a Canadian leader in a way that hasn't been done for almost two decades.

Thursday's state dinner at

the White House — a chic and relatively rare event — promises to grab the spotlight when Trudeau visits with U.S. President Barack Obama.

But it's the symbolism of the state dinner and the substance of Trudeau's Oval Office meeting with Obama scheduled for earlier that day that together signal the president's interest in making the visit a success, observers say.

"It's really clear ... the president has invested in this visit," said Paul Frazer, a former Canadian ambassador who now works as a consultant in Washington.

It's really clear the president has invested in this visit.

Paul Frazer

"He wants this to be a success for the prime minister and for Canada-U.S. relations," he said.

In a town well-accustomed to the trappings of power and influence, these dinners still stand out. "They are not held very often so they are standout events from the usual receptions and other events that can take place at the White House," the association historian said.

The Canadian delegation gets 20 tickets. That delegation will include Foreign Affairs Minister Stephane Dion; International Trade Minister Chrystia Freeland; Defence Minister Harjit Sajjan; Environment Minister Catherine McKenna and Hunter Tootoo, minister of fisheries. oceans and the Coast Guard.

Jean Chretien was the last prime minister to enjoy a state dinner in 1997, then hosted by U.S. President Bill Clinton. THE CANADIAN PRESS

mother

Call it a 60 Minutes oops mo-

The venerable CBS newsmagazine aired a profile on Prime Minister Justin Trudeau on Sunday, and for the most part, it cast Canada's new leader in a glowing light ahead of his visit to the White House. But there was one noticeable gaffe in the piece.

Attentive Canadians took to Twitter and pointed out that as the CBS reporter was talking about the prime minister's parents - Pierre and Margaret Trudeau — the show displayed an old photograph of Pierre Elliott on a date with actress Kim Cattrall in 1981.

A 60 Minutes spokesman said the program regretted the error. THE CANADIAN PRESS



Kim Cattrall and former PM Pierre Trudeau in 1981. TORSTAR NEWS SERVICE FILE



Prime Minister Justin Trudeau holds two giant panda cubs on Monday.

COURTESY JUSTIN TRUDEAU/TWITTER

Pandas are little bundles of Hope and Joy

A pair of panda cubs born in the Toronto Zoo were hailed as a symbol of international co-operation as they officially received names that pay tribute to the country of their birth.

In a ceremony packed with

ambassador, the zoo announced the male cub is named Jia Panpan, meaning Canadian Hope, while the female cub is named Jia Yueyue, meaning Canadian Joy.

The names were written on pink and blue signs and unveiled

Prime Minister Justin Trudeau and Ontario Premier Kathleen Wynne were among those getting the first glimpse of the cubs.

Both posed for photos with the cubs — an opportunity Trudeau joked his children would envy.

The cubs were brought to their

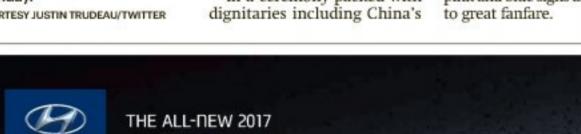
outdoor exhibit after their names were revealed - their first time on display since their birth.

Trudeau said the pandas represent the growing bond between their host country and China, where they will eventually be returned, noting he had received

a message of congratulations from his Chinese counterpart.

"The panda is a symbol of peace and friendship, which is fitting considering Canada's ever-growing relationship with China," Trudeau said.

THE CANADIAN PRESS



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*Canadian residents who have reached the age of majority in their province or territory can enter the contest at www.hyundaisupersearch.com between February 13th, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN\$2,500.00 each, and one (1) Grand Prize of CDN\$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00pm (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com. Two The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. metr@NEWS World Tuesday, March 8, 2016 9

Prince William, Duke of Cambridge and Catherine, Duchess of Cambridge, laugh after the Duchess threw a snowball at Prince William during a private break skiing in the French Alps.



Catherine, Duchess of Cambridge, and Prince William with their children Princess Charlotte and Prince George.



Prince William, Duke of Cambridge with his daughter Princess Charlotte. ALL PHOTOS JOHN STILLWELL/AFP/GETTY IMAGES

March break for the Royals

Kensington Palace has released photos of Prince William, the Duchess of Cambridge and their children George and Charlotte on a ski holiday in the French Alps.

The six images published Monday show William, Kate, 2 1/2-year-old George and 10-month-old Charlotte on the snowy slopes last week.

The palace says it was "their first holiday as a family of four and the first time either of the children had played in the snow."

Two photos show the royal couple having a playful snowball fight.

The release of the pictures follows a media policy established when William and his brother Prince Harry were children: privacy in exchange for agreed-upon photo opportunities at birthdays and during school holidays.

That allowed the princes to have - by royal standards - a relatively normal upbringing. something Kate and William are keen to give their own children. THE ASSOCIATED PRESS

Voices from prison

HUMAN RIGHTS

Women draw focus as political prisoners

On International Women's Day, female voices are being heard as never before, speaking up for equality, peace and human rights - even as political prisoners. Here are high-profile women behind bars in 2016.

NADIYA SAVCHENKO: Ukraine

Captured in June 2014 fight-

ing as a volunteer against Russian-backed rebels in eastern Ukraine. Savchenko. 34, was taken



across the border and charged with co-ordinating a mortar attack that killed two Russian journalists. Russian authorities say she sneaked into Russia illegally, Prosecutors are calling for a 23year jail term. Thousands have rallied for her release in Kyiv, where she's considered a national hero. If there is a guilty verdict, the pilot wrote, she will go on hunger strike.

Ismayilova, 39, an award-

KHADIJA ISMAYILOVA: Azerbaijan

winning investigative journalist, ran afoul of Azerbaijan President Ilham Alivev after

accusing him and his family

of corruption. She was arrested in 2014 during a crackdown on independent media and activists and sentenced to more than seven years for "economic crimes." Celebrity human rights lawyer Amal Clooney has signed on to her defence.

WANG YU: China

In 2008, Yu, a human rights lawyer, was denied entry to a train after buying a ticket. After demanding to board she was beaten, and then herself charged with assault. Fired up by the injustice, she took on cases of clients that other lawvers feared. including



five female activists arrested for protesting sexual harassment. Yu, 44, was seized by security forces in July 2015, and charged with subversion six months later.

MARY ANNE GRADY FLORES: U.S.

Flores was arrested in February 2013 after photographing a protest at the Hancock airbase

in Syracuse. N.Y., and convicted of violating a protection order issued to keep protesters away from the base. Re-

leased on bail, she was ordered back to jail in January with a reduced six-month sentence. TORSTAR NEWS SERVICE

HUMANITARIAN AID

Doctors set up camp in France

Doctors Without Borders has opened a humanitarian camp for migrants in France.

More than 1,000 people fleeing the Middle East and Africa have been living in squalid shelters in a muddy field near the English Channel shore, hoping to sneak across to Britain.

About 150 people abandoned the camp in Grande-Synthe, near Dunkirk, to move Monday to wooden sheds with access to toilets and electricity built nearby by Doctors Without Borders, spokesman Samuel Hanryon said.

The aid group, known by its French acronym MSF, hopes hundreds more will join them in the coming days. It's MSF's first such camp in France — a sign of how bad things have become for the migrants in Grande-Synthe. The 2.5 million-euro site at Grande-Synthe comprises sheds and access to showers, kitchens and electricity. THE ASSOCIATED PRESS



Avoid friends to save: Study

Frugal people found to spend more when out with others

Your friends might be your worst enemy if you're hoping to save money, a new study shows.

Frugal shoppers, when they were with higher-spending friends, spent more money than they would on their own, the study, conducted by Dr. Seung Hwan (Mark) Lee at Ryerson University, found.

It's a reversal of the usual image of frugal shoppers as staunchly independent purchasers who are immune to social pressure, said Lee, an associate professor at the university's Ted Rogers School of Retail Management.

"A lot of the frugality literature talks about how they are resistant to it, but ... it's not necessarily the case," Lee said.

The inspiration for the study came from Lee's personal experience. Though he considers himself very frugal, Lee noticed



Thrifty shoppers might not notice they're spending more than usual if they're comparing their spending to that of their friends, says Dr. Seung Hwan (Mark) Lee at Ryerson University. ISTOCK

he would spend more money than he liked when he went out with certain friends.

In his study, Lee had participants order from restaurant menus, telling them a company was trying to understand dining habits. They were asked

to choose an ideal meal they would have with friends.

If those friends were also frugal, the frugal participants spent \$10 on average. But if the friends were big spenders, frugal participants spent \$15 on average. Non-frugal participants spent around the same no matter what their friends

It's possible that frugal shoppers might not notice they're spending more than usual, Lee said, if they're comparing their spending to that of their friends.

"It might not be that we're spending just as much as all of them. All my friends could be spending \$25 on a meal. I could be spending \$15, but that's still more than I would have spent in my normal daily life," Lee said.

Lee doesn't know how much the restaurant setting influences spending decisions. He said it's possible there's a heightened sense of social pressure when eating that might not exist in retail, especially when splitting a bill.

"When you're shopping, you don't really buy for other people. You're not sharing your electronics that you're about to buy," he said.

But there are certain techniques retail stores can use that emulate that group-spending feeling, like coupons that require multiple people to buy in at once.

"If you're just a customer when you're buying for yourself, you have that control. But if you encourage group buying, you have a mix of influence ... that may rub off on frugal customers," he said. TORSTAR NEWS SERVICE

RETAIL TRICKS

Some ways retailers try to get you to spend more.

- Removing the dollar sign from menus: A Cornell university study found people pay more when they only see a number and no dollar sign.
- Decoy pricing: Creating a decoy option makes people choose a more expensive one. Given two options to subscribe to a magazine - web for \$59, or print and web for \$125 - most people chose the cheaper one. But add just print for \$125 and most chose the print and web option because it seemed like the best deal.
- Reduce the font size: Items with price tags in smaller font sizes were more likely to be bought than prices in big fonts.
- Anchoring: How to sell a \$700 handbag? Put a \$2,000 handbag next to it. People will latch on to any number presented to them as an anchor from which they make their decision.

ENERGY EAST PIPELINE PROJECT

Hearings disrupted

Protesters disrupted hearings into the Energy East Pipeline project seconds

after they started Monday in front of members of Quebec's environmental agency. THE CANADIAN PRESS



INVESTING

Women identify as savers: Study

A new report by investment firm BlackRock suggests most women lack confidence when it comes to making decisions on investing.

"We are seeing more and more women categorize themselves as savers versus investors and they're sitting on the sidelines in cash," says Karrie Van Belle, managing director at BlackRock Canada.

not going to get you where you need to get to for your retirement."

The survey found that of those polled who have started saving, men have saved nearly double what women have.

"What we need to be helping women do is have a bit more confidence to take those first steps, ask those questions, get invested and understand the priority they need to put behind it," she said.

The poll found 44 per cent "Over time, cash is likely of women reported confidence in their financial decision-making, compared to 55 per cent of men. As women get older,

however, they gain confidence. By the time are in the 65-74 bracket, 67 per cent of women are confident in their investing decisions while 68 per cent of men are.

The survey found 78 per cent of women identified themselves as savers compared with 22 per cent who thought of themselves as investors. It also found that 63 per cent of women stated they are "not knowledgeable about investments."

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Tuesday, March 8, 2016

EMMA TEITEL: ON WIDENING THE WOMEN'S MOVEMENT

A lot of people harbour feminist values; they just don't want to be associated with the word feminist or the culture around it. The reason may be patriarchy. But I suspect it is also orthodoxy from within.

It's easy to be cynical about International Women's Day, an event rooted in radical socialism (one of the first Women's Day events was organized in 1909 by the Socialist Party of America), that is in its current form — about as politically radical as a Santa Claus Parade.

After all, the celebration's modern proponents include Coca-Cola, Exxon Mobil, and of course Dove cosmetics always there to remind you that "you are beautiful," even when you haven't slept in two days and you have a zit on your chin the size of Gibraltar.

But if you can get past the insipid social-justice grandstanding by corporations and celebrities, International Women's Day is kind of like feminist Yom Kippur: a perfect occasion for reflection and repentance.

It is a day on which everyone has a certified excuse to ask herself: What's going well in the world for women and what still sucks? And most importantly: What can we do to make it better?

So let's expound on the good news first.

Whatever your feelings about eternally sunny Justin Trudeau and his wife's illtimed a capella scatting, the federal government has done some very decent things for womankind of late.

For example, just yesterday International Development Minister Marie-Claude Bibeau announced that Canada will contribute \$81.6 million under the United Nations Population Fund in support of women's health services in developing countries - including existing abortion services.

We are also committed, evidently, to gender parity in cabinet, a new norm instituted last year by the prime minister, who joined the ranks of modern heroes Daniel Radcliffe (Harry Potter) and Patrick Stewart (Captain Picard) when he publicly declared

himself a feminist.

Despite the grumblings of jaded conservatives, this is no small thing. Just as it is hugely significant for black American kids to grow up with a black president in the White House, and gay Ontarians to grow up with a lesbian premier at Queen's Park, it is also hugely significant for Canadian girls and boys for that matter to grow up with a self-avowed feminist at 24 Sussex — or Rideau Cottage — or wherever Trudeau happens to be living at the moment. (Perhaps he is staying with his "other" mother, Kim Cattrall).

cent of Canadian women do not call themselves feminists; similarly a global poll conducted by Ipsos in 2014 indicated that only 17 per cent of Canadian women identified as feminist.

This finding is especially bizarre because the study showed significant support for equal rights between the sexes on questions where the issue of feminist identity wasn't present. Which means: A lot of people harbour feminist values; they just don't want to be associated with the word feminist itself, or the culture around it.



NO FEAR OF THE F-WORD Prince Harry, Prime Minister Justin Trudeau, actor Joseph Gordon-Levitt and comedian Aziz Ansari are among the modern men who heroically self-identify as feminists, Emma Teitel writes. GETTY IMAGES

But Trudeau's self-professed feminist designation is important most of all because the adverse realities for women from crappy work-life balance in institutions built by and for men to an abysmal sexual assault report rate - will never turn around if engagement and identification with feminism remains dismally low.

Which brings me to the bad news: While feminism in Canada has an exceptionally loud voice — thanks in large part to social media - it has a depressingly narrow reach. A survey of 1,000 Canadian women aged 35-45 conducted by Chatelaine magazine late last year revealed that 68 per

The reason for this may be patriarchy at large, as many within the movement profess. But I suspect it is also orthodoxy from within: namely an obsession with ideological purity and a rush to shame newcomers who don't cleave to the party line - or who merely have questions about the party line.

To quote a friend who has strong feminist ideals but is afraid to engage with the issues in a bigger way online, namely because her thinking on gender wage gap differs from the status quo: "I would be shunned. I would probably be labelled anti-feminist. And some would probably attempt to cyberbully me into submission."

This is a person who asked to remain anonymous not because she fears ramifications from her employer, the police or some criminal entity, but from other feminists. That's a problem.

Is it a bigger problem than abortion access, childcare or sexual assault? Of course not. (And no, she doesn't realistically believe other feminists pose a threat to her physical safety).

But if we want to expand our ranks and thus the likelihood of our success, perhaps it's time we issued a moratorium on the knee-jerk condemnation of women whose ideas and language aren't ideologically pure - but whose hearts are in the right place. Perhaps then, our reach will be as wide as our voice is loud.

Happy International Women's Day.

Male Feminists à la Justin Trudeau:

Prince Harry: The royal is involved with a number of women's causes, including CHIME for Change, a charity concert seeking to empower girls and women.

Joseph Gordon-Levitt: The actor is a proud feminist. In his own words: "What feminism means to me is that you don't let your gender define who you are."

Mark Ruffalo: The Spotlight actor is a vocal advocate for women's reproductive rights. Barack Obama: The president's 2014 State of the Union address was famously feminist. In his own words: "It's time to do away with workplace policies that belong in a Mad Men episode." Aziz Ansari: The comedian came out as a feminist on the David Letterman show last year.

Emma Teitel is a national columnist for the Toronto Star.

ROSEMAR WESTWOOD

metroview

Recently in sexism: **Barristers**, buses and busts edition

Welcome to another "What's new in latent and not-solatent sexism," your brief, necessarily incomplete (there's so much to choose from!), talking points for Twitter

No really, you should care: It's International Women's Day!

 "Woman gropes man's genitals over his clothing while he sleeps on public bus" read no headline, ever. But a woman in Halifax was sexually assaulted in just such a way late last month.

Positive spin: She's reported the assault to police and is talking to the media to make sure her assailant knows "who I am, and that I have a life, and that I'm not just some random person on a bus."

Actually, she's a single mother of two and a full-time student, hence the dozing off.

"We need to start treating women with more respect because we are not objects," she said.

2. Female criminal lawyers are leaving their field in droves, driven by factors ranging from child-care issues (and challenges returning to work post-maternity leave), financial struggles, and "differential treatment" by lawyers and crown attorneys, a.k.a., sexist treatment.

Some still get called "little lady," a detail that, when I heard it on the radio, convinced me I was listening to historical tape from the

1990s, Au contraire, silly me! In their study, the Criminal Lawyers Association found a 72 per cent attrition rate among female lawyers, and suggest, among other things, a few more women on the bench would help (nationally, 63 per cent of judges are men).

3. New Statistics Canada numbers crunched for the Globe and Mail found women make 73.5 cents for every dollar a man makes in Canada.

That's not really a headline, so much as a stubborn reality. Differences in salaries for typically female vs. typically male jobs are blamed, but women are also more likely to work low-wage jobs, experience poverty and make less than men in their fields (not only do male professors outnumber women two-to-one, but a 2014 McMaster study found they make about \$2,300 more).

4. Finally: sexism in statues. Of the five most recent public-art statues erected in Toronto, only one is a woman. To be specific: solely her head. The late writer Gwendolyn MacEwen apparently didn't warrant the full-body treatment, unlike the man immortalized. Men are vastly overrepresented in city sculptures generally, and also far more likely to be clothed.

And that concludes this second instalment. Good luck to us all.



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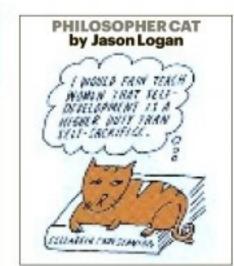
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Joseph Gordon-Levitt drops out of Sandman film saying he and studio don't see "eye to eye"



Eating to win

HEALTH

Nutrition for athletes is more than just carb loading

As a time-strapped student athlete, volleyballer Kristina Valjas' go-to fuel was a bowl of Kraft Dinner or a bag of chips. Cheap, easy and tasty, but the junk diet eventually caught up with her.

"The turning point was the shin splints. It was extreme pain," said Valjas, now 28 and a beach volleyball player with Canada's national team. She'd developed bone density issues, partly due to a calcium deficiency.

What athletes eat can mean the difference between high level success and body breakdowns, but it takes time, effort and education to get it right, say dietitians and athletes. This can be tricky in a world where some seem able to eat whatever they want, but athletes say as they age, they know what works for them and what doesn't. "It's, like, immediate now for me," said Melissa Tancredi, a member of the Canadian women's national soccer team who lives in Vancouver. "I'll know right after I eat something (unhealthy) like, oh that wasn't good. Your body's like, no, I feel awful ... You feel sluggish, you feel tired."

Tancredi (pictured right), now 33, admits she paid little attention to what she ate as a young athlete, but now credits healthy eating with helping her to perform at her best in her 30s. She mainly sticks to organic meats, fruits and vegetables — though she's not averse to a rich curry. The main thing sports dietitian Melissa Kazan notices with her athletes at the Canadian Sport Institute of Ontario is that they don't snack or plan ahead enough. Kazan teaches her athletes to pack healthy snacks, such as granola bars, soy milk packs or chocolate milk, and she advocates for an "everything in moderation" approach to eating.

"We always think, athletes, all they eat are carbohydrates or high carbohydrate diets — it really has to be varied," she said.

Kazan said when an athlete's training load is high at the beginning of the season, they're likely eating more carbohydrates but as training sessions are tapered throughout the season, carbohydrate intake typically drops.

Protein and fat intake typically remains the same, she said.

As for how many calories athletes consume, it depends on the athlete and the sport, said Kazan. Male swimmers competing at the national level at consume 6.000 calories

might consume 6,000 calories per day.

The day's schedule might also affect what an athlete eats, she said. Someone who can get away with eating greasy foods on a training day won't be able to do so on competition day, said Kazan, since fat is a heavy nutrient to digest. "You have to realize that saturated fats, sugars and the rest of those not-as-great nutrients ... still have the same effect on the body, whether you're a runner, whether you're an endurance athlete or not," said Andrea Falcone, a registered dietitian and fitness professional. "The best fuel is going to give you the best output." TORSTAR NEWS SERVICE

MELISSA TANCREDI, 33 CANADIAN WOMEN'S NATIONAL SOCCER TEAM 5-foot-7, 170 lbs.

8a.m. (breakfast): 2 eggs, 2 pieces of gluten-free toast, cup of spinach sautéed in light olive oil, Raspberries + blueberries, espresso. 11a.m. 1 hour of striker training; finishing, footwork, sprints. 12 p.m. Protein shake; coconut meat, coconut oil, coconut water, biosteel vegan protein. 1 p.m. (lunch) Chicken and veggies, rice. 4 p.m. Conditioning, usually HIT intervals or weight circuit. Snack right after training: almond, cashew, dried mango mix. 5 p.m. Protein shake. 7:30 p.m. (dinner) Salmon, grilled

asparagus, baked Brussels sprouts, spring mix salad with chopped almonds, cut-up strawberries, fresh feta, balsamic vinegar + olive oil dressing. 9 p.m. Decaf tea. Maybea snack of plain Greek yogurt and almond butter. To drink: 3 L of water or more.

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Yoga move has your back

Deconstructed shoulder pose aids range of motion

YuMee Chung

Torstar News Service

Want to maintain strength and flexibility as you age? Experts say the secret is to "use it or lose it."

Let me show you a pose that takes your shoulders through the range of motion necessary to do up a back-closure bra (or scratch the middle-upper back if you don't own a bra). It's called the Backspin and it's a deconstructed version of a voga classic called Cow Face Pose.

The Backspin

- 1. Internally rotate your right arm and bring the back of the hand to rest on the small of your back. Channel your inner speed skater.
- 2. Wiggle the hand up your back toward the spot between

NEW SPIN ON A CLASSIC Practise the Backspin to ensure your shoulders retain necessary mobility for years Pressing the back of your hand into the spot between your shoulder blades provides long-term benefits. TORSTAR NEWS SERVICE to come. your shoulder blades. 4. Press the back of the hand

3. Feel stuck? Help yourself along by leaning the right outer-upper arm against a wall to squash the inner arm against the side seam of your body. Use this opportunity to squirm the hand a little further up your back.

actively into your body as if you are going for a winning backhand with a ping pong paddle. Imagine you could pass the hand right into your body and out the other side.

5. Hold for five breaths before switching sides.

YuMee Chung is a recovering lawyer who teaches yoga in Toronto. She is on the faculty of several yoga teacher training programs and leads international yoga retreats. Learn more about her at padmani.com.

Sports that burn up the calories

The top five calorie-killers include cross-country skiing, step, skipping, running and boxing. Personal trainers recommend two to three 45-minute sessions a week in order to see results.

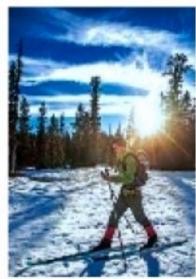
Ocross-country skiing, 974 calories per hour, uphill Skiing works muscles in the lower body hard (quads, calves, glutes). Muscular activity increases with speed, which can explain that burning thigh feeling often associated with the sport. Skiing also strengthens abdominal muscles, as well as the back, shoulders and arms,

2 Step, 876 calories per hour A step aerobics class is a full-body workout, since arms are also included in the dance-style moves. During longer sessions (between 30 and 45 minutes), the body burns sugars then dips into fat reserves as a source of fuel. Step is great for slimming down waistlines and strengthening muscles.

3 Skipping, 800 to 850 calories per hour Jumping rope is an excellent cardio exercise for improving physical fitness, bringing benefits to the whole cardiovascular system. Skipping can aid weight loss, and it's a great way to tone up arms and calves quickly.

Running, 600 to 800 calories per hour Running is one of the best sports out there for burning calories and losing weight. An all-round workout, running boosts cardiovascular fitness and strengthens back and abdominal muscles, as well as the lower limbs, working both the legs and the

Boxing, 600 to 800 calories per hour Boxing is a punch-packed sport that hits hard in the body's energy reserves. This activity is available at loads of gyms and sports clubs for a workout combining speed and technique. Boxing works the arms, abdominal muscles and legs. AFP



Cross-country skiing burns 974 calories, ISTOCK

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'Cycleangelo' uses streets as his canvas

BE-SPOKE ART

Mapping GPS bike routes to create viral 'doodles'

They call him Cycleangelo. His canvas is the streets of Victoria and his artist's tools are a bicycle and a pair of spandex-clad legs.

Stephen Lund, 50, has become a minor celebrity in the biking world after creating more than 85 incredible virtual "doodles" by tracking his specially designed bike routes via GPS, and uploading them to the Internet.

He started with a simple New Year's message spelled out on the streets, but his designs quickly evolved into massive, amazingly complex critters and characters that take hours to plot out and even longer to cycle through.

Lund, a 50-year-old who works as a marketing consultant, is an avid amateur cyclist. He said he biked more than 22,300 kilometres last year, about a quarter of which he spent on his map art.

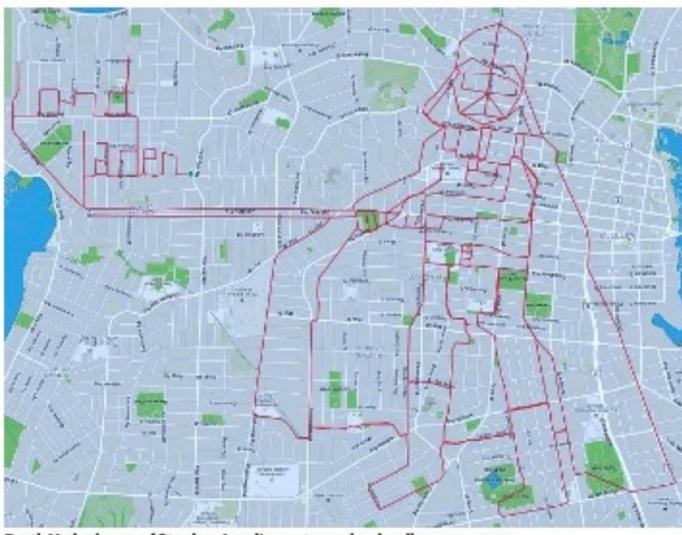
He said he conceived of the doodles as "a way to inject a little bit of fun into my bike rides" after he bought a GPS tracking device and paired it with the Strava app a little over a year ago.

"It struck me almost immediately that this red line on the map had more to it than just tracking ... I decided to do some experimentation," he said.

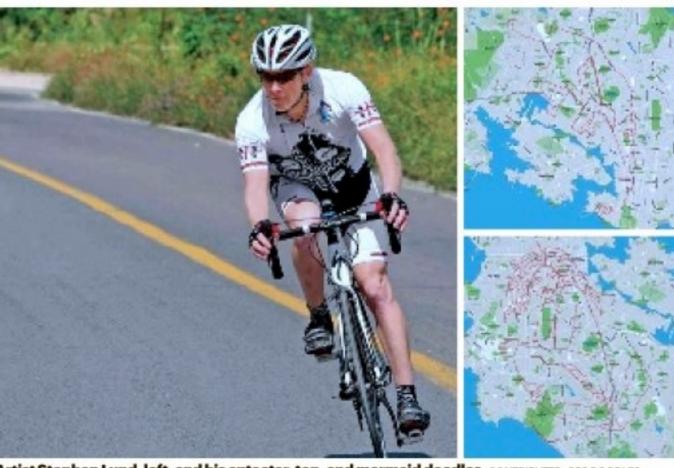
The pieces, some of which span an area greater than 100 square kilometres, require meticulous planning. He uses the satellite and Street View features on Google Maps to write himself directions so detailed that he knows to turn "at this fire hydrant three-quarters of the way up the block."

Some of Lund's pieces represent a single continuous ride. But if the roads don't align with his design he uses what he calls the "connect-the-dots" method he turns off his GPS device and restarts it again from another position, which creates a straight line on the map and allows him to craft more intricate details.

The process can involve many stops and starts, so he has to pay close attention to where he is. There are no erasers when you're drawing with GPS. "Three hours, four hours into a ride you start to get tired. You stop focusing and you miss a turn,



Darth Vader is one of Stephen Lund's most popular doodles. GPS DOODLES



Artist Stephen Lund, left, and his anteater, top, and mermaid doodles. CONTRIBUTED; GPS DOODLES

and it's like, 'Oh, my god.' "

On at least one occasion, Lund has had to abandon a project partway through when he realized he botched it.

So far, he's drawn sea serpents, kangaroos, Darth Vader and Yoda, and even written "Merry Christmas." But he said his favourite work is probably Garmina the Giraffe, a 95.4-km doodle he completed in February 2015 and was his first to go viral.

His most difficult was a mermaid, whose face and hair he rendered in astounding detail.

He said it took about 12 hours to design, and once he hit the road to create it, he had to use three bikes because he damaged the first two.

The 220-kilometre trip was also hampered by rain, and took him two days to finish.

"It was like the universe was conspiring against it," he said. "I would have been just absolutely distraught had it not turned out. There was no way I could have gone out and repeated the whole thing."

Lund's doodles are so incredible that some people don't

believe they're real. Internet commenters have accused him of being a fraud, he said, but he's adamant the images are authentic. He said the proof is that he records and posts them through the Strava app. "You can't outwit the GPS," he said.

Most people's reactions have been overwhelmingly positive. He's done spots on Canadian and American television, been featured in numerous cycling magazines, and last November was invited to speak at the TEDx conference in Victoria.

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Fighting sexism through emojis

TECHNOLOGY

Survey sparks talks of more progressive emoting icons

Men can be police officers, detectives or construction workers. Women can be brides, princesses or bunny ear-wearing dancers.

At least, according to emojis. This issue of gendered stereotypes perpetuated by emojis and the subtle limitations stereotypes placed on young girls is the focus of a video and survev from Always brand feminine hygiene products. The video - part of a campaign to promote confidence in young girls - shows girls sadly realizing many of their favourite female emojis only wear pink, and that few are playing sports and none are represented in professional roles.

The Always survey, conducted by MSLGROUP public relations firm, included responses from 1,000 American women aged 16 to 24 who were asked questions about their attitudes toward



Heather Payne, CEO of programming bootcamp HackerYou calls the emoji stereotypes 'super subtle.' TORSTAR NEWS SERVICE

and use of emojis. The online questionnaire found that 75 per cent of respondents want to see female emojis portrayed more progressively and 67 per cent said the available emojis imply girls are limited in what they can do.

"If you scroll through the emoji options ... there is a lot of pink and hearts and lipstick, kisses, a pink purse — a lot of emojis that are very stereotypically girly," said Heather Payne, CEO of HackerYou, a Torontobased programming boot camp. "Why isn't there a police officer with a female haircut?"

Payne called the perceived stereotypes "super subtle."

"A lot of people wouldn't even notice until the moment you're trying to use an emoji that represents (you)," she said. "If we're trying to move society forward, it probably makes sense to have emojis that represent everybody." So why can't Apple just pop a ponytail on the side of a police helmet?

It's not that simple.

Emojis are regulated by Unicode Consortium, a nonprofit organization committed to developing, maintaining and promoting software internationalization standards and data. The organization is responsible for ensuring the images appear similarly across different platforms, but each platform

from \$400's

— such as WhatsApp, Gmail or Facebook — decides exactly how the emoji appears, explains Montreal-based linguist Gretchen McCulloch, who is writing a book about Internet language.

"What the body looks like is not up to Unicode, necessarily, but the people who make the graphic art," McCulloch said. "Unicode doesn't mandate the girls to be in pink. That was a decision on the part of Apple's graphic design team." So while Apple's "dancer" emoji portrays a woman in a red dress, Google's depiction is a yellow blob with a rose in its mouth.

In general, it appears Google prefers using gender-neutral images when Unicode doesn't specify "male" or "female," while Apple chooses more gender-specific images, said McCulloch.

Apple declined to comment on details of emoji design or respond to criticism when contacted, but said the company adheres to the Unicode standard.

But regardless of how platforms choose to depict emojis, Unicode's modifiers have helped bridge identity gaps in the past, notably when skin tone modifiers were added last year.

Indeed, gender modifiers may soon be on their way.

In a recent draft portend, Unicode unveiled draft plans to implement gender variants to emojis. This means one day a running man could be transformed into a running woman, however, the initiative is a draft and Unicode is still soliciting feedback.

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From must-be married to modern single lady

HISTORY

New book traces path of the feminist movement

Look around your social circle and it's difficult to miss: There are more single people than ever before.

As noted feminist writer Rebecca Traister points out in her new book, All the Single Ladies: Unmarried Women and the Rise of an Independent Nation, today only 20 per cent of Americans are wed by age 29, compared to 60 per cent in 1960. The numbers are similar on our side of the border.

For our mothers, adulthood began with marriage. The median age for marriage fluctuated between 20 and 22, just as it had been since the late 19th century.

Traister offers up her own mother as an example of this. She was not only part of a huge migration of women into the workforce, but a professional pioneer who eventually got a PhD and became a Shakespeare professor - one of the first four women hired in her department. Nonetheless, she was married at age 21, just days after graduating with her first degree.

"Her domestic pattern was hyper-traditional coming out of this period in the '50s and '60s. Especially for middle-class white women, a kind of early married domesticity was enforced," Traister says.

Interestingly, a lot of the

freedom among contemporary women to live singly now and to be economically, socially and sexually independent — was built on the victories of second wave feminism, says Traister. "But in fact, a lot of second-wave feminists were traditionally married very young."

By contrast, women today live a new kind of adulthood that is kicked off not by marriage, but by years or whole lives lived outside matrimony, she writes. A key difference is that single life no longer carries the stigma it once did for women. (When was the last time you heard the word "spinster" in conversation?)

In fact, in 2009, the proportion of women who were married dropped below 50 per cent

everything else has fallen into place: you have met the perfect person, you are economically stable - and this is especially true when you get outside of wealthier populations - that you've had a kid together and proven you can parent together."

Once Traister dove into the book's research, she discovered that unmarried women have made important strides in advancing various causes - including their own - at a number of points in history.

There had been active conversations amongst women and in the press about the merits and the tolls of traditionally married life for women extending back hundreds of years," says Traister.

"In the 19th century, espe-

It was a lot of unmarried or late-married women (who) were very active in the causes of abolition, suffrage and temperance.

Author Rebecca Traister

and the median age for first marriage is now around 27, much higher in many cities.

"Sociologists now talk about how marriage — across classes has become a capstone event, rather than the thing that kicks off adulthood and then you grow together to become an economically stable unit to have your kids. Now people tend to get married as a sort of sign that

cially for white women, marriage rates dropped. Tremendous numbers of men were moving west. And secondly, there were huge numbers of casualties from the Civil War, so fewer men

"That population of women - with their lives not subsumed completely by wifely and maternal responsibility - wound up devoting their energies to a lot of reform movements that ended up radically changing the nation.

"It was a lot of unmarried or late-married women (who) were very active in the causes of abolition, suffrage and temperance."

In 1877, suffragist Susan B. Anthony gave a speech called The Homes of Single Women. In it she predicted that before we get to an age of gender equality among men and women, says Traister, we would have to live through an epoch where women cease to marry so that both men and women can become used to the idea of living independently from each other.

Given that the median age of having a first child has now surpassed the median age of marriage, it would seem that we may be living in such a time

"It's not so much replacing one model married with another model, unmarried," says Traister.

"But once you take the confining box off of how adult women's lives are supposed to go, there is this incredible variety of impulse, of desire, of happenstance — because everybody meets people at different times and in different places and different circumstances.

"It can be any combination of single life, serial monogamy, celibacy, taking a variety of sexual partners, having children very late, having children on one's own, having children within a marriage that started late or within a cohabiting or unmarried partnership. What you get is an infinite variety of paths." TORSTAR NEWS SERVICE



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Books | metr@LIFE Tuesday, March 8, 2016



Winning biographer Rosemary Sullivan. CONTRIBUTED

It's a three-peat for Rosemary Sullivan

RBC TAYLOR PRIZE

Author wins third award for Stalin's Daughter

Joseph Stalin's daughter lived a tragic and complex life in the shadow of her Soviet dictator

But these days Svetlana Alliluyeva is getting a huge spotlight of her own, thanks to Toronto biographer Rosemary Sullivan's hit book on her, which has now won three major literary prizes.

Stalin's Daughter: The Extraordinary and Tumultuous Life of Svetlana Alliluveva won the \$25,000 RBC Taylor Prize on Monday. It previously won the \$40,000 British Columbia National Award for Canadian Non-Fiction and the \$60,000 Hilary Weston Writers' Trust Prize for Nonfiction.

"I cannot believe that I've actually hit a triple home run," Sullivan said in an interview after her latest win.

"I suppose maybe it's a testament to Svetlana, who led such a courageous life, and to people's passionate interest in all things Russian at the moment."

The book, from HarperCollins Publishers, traces Alliluyeva from her childhood inside the walls of the Kremlin to her quest for asylum in Switzerland and her defection to the U.S., where she raised a daughter.



I cannot believe that I've actually hit a triple home run

Rosemary Sullivan

"She was at the centre of the hierarchy of power, the daughter of the dictator, but in no way invited into the inner circle," said Sullivan. "Her mother committed suicide when Svetlana was six and a half, her favourite aunt and uncle were arrested in '37

and executed in '41, her brother died in a German POW camp, two of her aunts were sent to solitary confinement in 1947."

In her acceptance speech, Sullivan thanked Alliluyeva who died in 2011 at age 85 - for reminding us "never to accept the projections of clichés that people impose on us."

She also thanked Chrese Evans, Alliluyeva's Americanborn daughter who gave her permission to quote from her mother's unpublished books and letters.

"She treasured that child and I think Chrese kept her in the world," said Sullivan. "There would have been reasons for her to have taken a ticket out if it hadn't been for her daughter."

This year's Taylor Prize jury members - Joseph Kertes, Susanne Boyce, and Stephen J. Toope — read 121 books before choosing a short list of five. They praised Sullivan's book for its "exacting research with brilliant storytelling."

"Rosemary Sullivan has just pulled off something really difficult, which is winning the three major non-fiction awards in this country," said Taylor Prize founder Noreen Taylor.

"This is a three-peat. It rarely happens in sports, it rarely happens in writing. That is remarkable, that three different juries have found her book to be the best of a very, very fine crop of writers."

This year's other Taylor Prize finalists were: Toronto journalist Ian Brown for Sixty: The Beginning of the End, or the End of the Beginning?; Toronto novelist Camilla Gibb for This Is Happy; CBC personality-turned-political candidate Wab Kinew of Winnipeg for The Reason You Walk; and Ottawa's David Halton for Dispatches from the Front: The Life of Matthew Halton, Canada's Voice at War. THE CANADIAN PRESS



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Hooker Monologues entertains and educates



Carmen Shakti, a sex worker and cast member in the upcoming production of Hooker Monologues. THE CANADIAN PRESS

THEATRE

Play reveals hidden world of sex work to dispel stigma

Maggie de Vries spent a good chunk of the 1990s trekking out to a small, grey house in Vancouver's Downtown Eastside trying to rescue her sister from a life of prostitution.

But after Sarah vanished and her DNA turned up on serial killer Robert Pickton's farm, de Vries read her sibling's journals and discovered her mission had only stirred up shame.

"I didn't know what she was going through," said de Vries. "I didn't know she was scared. I didn't know she wanted out."

De Vries reveals her painful journey of reckoning over the past 18 years in a raw new theatre production called Hooker Monologues, which opens Wednesday in Vancouver. The title references the acclaimed episodic play Vagina Monologues by feminist Eve Ensler.

De Vries' original work answers Sarah's decades-old journal entries with present-day personal responses as part of 21 performances. The 10-member cast is composed of sex workers and their allies. The production was funded by grants and donations, and is directed by Vancouver's Mindy Parfitt.

Audiences at the show will hear authentic stories that peel back the curtain on the hidden

world of sex work, which covers a range of jobs, clients and experiences.

"They get to enter into Sarah's private thoughts that she wrote for herself. They get to see her hopes and dreams and longings. That's something they might not imagine," said de Vries, who regrets not trying to accept and understand her sister. "If my attitude had been different, I could have simply been present. ... It's too late to connect."

While de Vries' main performance is sad and gripping, she will also present an episode involving a sex worker on the job in Alaska on 9/11.

Monologues by other cast members include escorts and exotic dancers, a dominatrix, and a history lesson on the "Shame the Johns" campaign in the 1980s.

"I would like it to be a window into people's lives who work in the industry. We're so often presented in mainstream media as one-dimensional objects rather than subjects," said cast member Carmen Shakti, who's been a selfemployed indoor sex worker for about five years. "When people see us as full humans, they're more likely to agree with us having the same human rights and workplace rights as everyone else. That's my ultimate motivation for going public."

The show endeavours to dispel stigma and challenge myths about the sex work industry, according to its playbill. It was the brainchild of researcher Raven Bowen, a former executive director of the PACE Society, a sex



The danger for sex workers identifying themselves ... keeps them invisible. We need to see there are sex workers all around

US. Maggie de Vries, cast member and contributor, Hooker Monologues

worker support organization.

Cast members spent more than a year crafting a production infused with empowered messages, from denouncing the casual insult of "whore" to showing sex work can be a satisfying career choice.

"It's not the sex worker in the mini-skirt under the streetlight leaning into a car," said Bowen, adding that only five to 15 per cent of the industry is visible. "That's the image that we see all the time but that is not reflective."

Another goal of the show, strengthening public support for decriminalizing the sex trade, is aimed at overturning legislation passed by the former Conservative government. The courts and advocates contend that banning the purchase of sexual services is dangerous because it exposes sex workers to violence and exploitation in an unregulated market.

Bowen said she hopes the show builds understanding about elements of the trade its workers abhor and want to eliminate, including forced labour, slavery and human trafficking.

But the blanket social taboo makes it difficult for average Canadians to form opinions on sex work laws, said de Vries, which is something she hopes the show will change. "They want to do whatever will make things safer and better, but they don't know what that is."

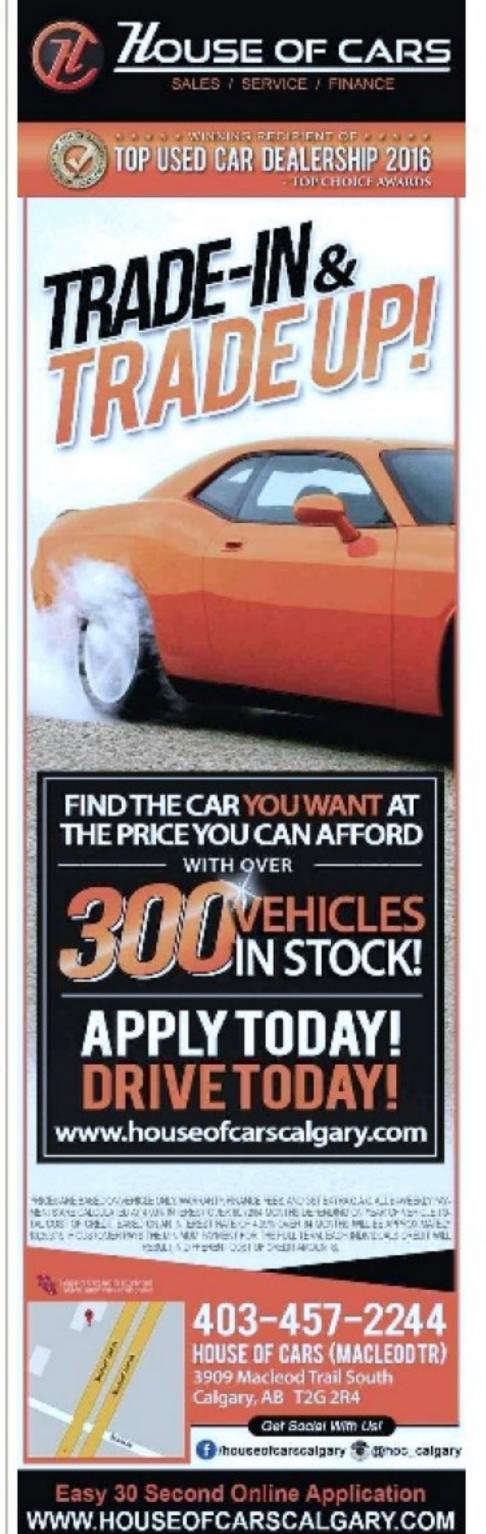
Shakti, who practises sacred sexuality and Tantra, wants audiences to learn that many sex workers shun victimization and consider themselves entrepreneurs. Some of her clients are middle-aged men with physical and psychological barriers who have never experienced sexual intimacy.

"It's not the kind of love you have with a partner, but it's a type of love and it's just as important and the world needs it," she said. She believes that religious teachings underpin modern culture and obstruct society from recognizing sex work as legitimate. "There's the idea that women can be smart or sexual, they can't be both."

Neither cast member sees any harm with displaying the multifaceted trade in an entertainment format.

"This is important to do because it's not safe to do," said de Vries. "The danger for sex workers identifying themselves in our society creates a greater distance. It keeps them invisible. We need to see there are sex workers all around us."

THE CANADIAN PRESS



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JOHANNA SCHNELLER
WHAT I'M WATCHING

Father's pride valued more than her life

THE SHOW: A Girl in the River: The Price of Forgiveness (HBO) THE MOMENT: Saba's eye

In this documentary short, which just won the Academy Award, we meet Pakistan native Saba, 19, who survived a socalled honour killing: She married a man her father and uncle didn't approve of, so they shot her in the head and dumped her in a river.

As we watch, the police arrest the shooters, and a lawyer urges Saba to prosecute. But her family and village elders pressure her to forgive them. If she does, under Pakistani law, they'll go free. You know who wins.

"Everyone says I am more respected now," Saba's father tells filmmaker Sharmeen Obaid-Chinoy (a Pakistani-Canadian whose 2012 doc short, Saving Face, also won an Oscar), without a trace of regret. "They say I am an honourable man. They

say what I did was right."

And there you have, in under 40 minutes, an answer to how intractable problems remain intractable. That "they" whom Saba's father quotes — it's chilling to think about who they are, why they have power, and how they keep it.

"I can proudly say that for generations to come," Saba's father sums up, "none of my descendants will think of doing what Saba did."

Haunting as that is, what I can't forget is Saba's eye. When we meet her, her wound from the shooting is fresh, and her left eye is red with burst vessels. When we leave her - bereft of her dream of justice, her fight already over and done with so little time has passed that her eye is still red.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Saba, 19, survived an honour killing. PHOTO COURTESY HBO

Williams returns to **Broadway with Blackbird**

THEATRE

Play challenges audiences with portrait of young victim

Before you can get to Michelle Williams' dressing room at the Belasco Theatre on Broadway, you pass one with a sofa upholstered in bright colours, a flatscreen TV and a disco ball attached to the ceiling.

It's reserved for her 10-year-old daughter, Matilda, who can now come to work with mom and hang out, knitting or watching movies. There's one rule: She must not know what mom is doing down on the stage.

Williams is starring opposite Jeff Daniels in Blackbird, a disturbing tale of an older man, a much younger woman and what happens when they meet 15 years after their brief and illegal relationship has ended.

"She can't see the play, be anywhere near the play, hear the play, listen to the play," Williams said. "This is so she can come and hang out with mom, but with a lock on the door."

Downstairs, Williams plays a vengeful victim, hurling accusations at her former lover with devastating accuracy, and yet harbouring a few problems of her own.

The actress said the topic is, unfortunately, always timely. "You can't not know somebody who's been abused. It's far more common than it should be," she



"She can't see the play, be anywhere near the play, hear the play, listen to the play."

Michelle Williams, on banning her daughter from watching her

her daughter from watching her performance in Blackbird, where her character confronts her childhood sexual abuser

said. "So I find it very specific and very general."

Williams, who on this day apologizes for needing to wolf down rice pudding in her dressing room before her show, seems to have found a way to balance work with single motherhood. She is raising her daughter with the late Heath Ledger in an apartment in a charming, cobble-stoned neighbourhood of Brooklyn, above a grocery store.

To accommodate Williams' schedule, producers have agreed to have no shows on Sunday traditionally a key box-office draw - so "we can have a real life." The two recently attended a concert by the girl's favourite singer, Stevie Wonder, and she shows a photo on her phone of Matilda wearing an ecstatic

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expression.

David Harrower's Blackbird marks the first big job Williams has tackled since she spent the better part of a year singing and dancing in the latest revival of Cabaret as the complex nightclub singer Sally Bowles.

"That took the stuffing out of me," she said. "I put myself out to pasture for a while after Cabaret. I ate a lot, literally, and ran lazily around fields because I was so tired. And then this came up and I just couldn't say no."

Although she had done some theatre, she decided to make her Broadway debut in Cabaret in 2014, wearing lingerie and belting out Don't Tell Mama and Maybe This Time for 10 months.

"I felt like I was pushed up against the edge of my ability

NEW DUPLEX HOMES

every night. But, as a result, I feel like I could feel my ability just inch up," she said. "So that's been exciting to go back to work with some new ideas and abilities."

When she was offered Blackbird, she was impressed by its beauty and consulted with her friend and Cabaret co-star Linda Emond, who called it one of the most exciting pieces of theatre

So, after doing two small parts in two independent films - Kenneth Lonergan's Manchester by the Sea with Casey Affleck and Kyle Chandler, and Kelly Reichardt's Certain Women with Kristen Stewart and Laura Dern

 Williams went back to the Stage. THE ASSOCIATED PRESS



Ages 6-18 whose caregivers or other loved ones have an acquired brain injury.

Groups will be on Thursday, April 7th - Jun 23rd Children 6-12 years old, 5:30 - 7PM Adolescents 13-18 years old, 7:30 - 9PM

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Manning calls end to 18-year career

NFL

Five-time MVP retires with two Super Bowl titles in tow

His voice cracking with emotion, Peyton Manning said goodbye to the game he loved at a news conference packed with friends, family and laughter.

He threw in some Scripture, some fond memories and even a dig at Super Bowl 50 MVP Von Miller, whom he thanked for taking a break "from your celebrity tour to be here today."

He ended it with his signature "Omaha!" and then posed for pictures with more than a dozen of his former teammates with the Indianapolis Colts and Denver Broncos, each of whom he helped win a Super Bowl.

Manning, who turns 40 this month, said the timing was simply right to call an end to his 18-year NFL career.

"I thought about it a lot, prayed about it a lot ... it was just the right time," Manning said. "I don't throw as good as I used to, don't run as good as I used to, but I have always have had good timing."

He came to Denver on March 20, 2012, for the chance to win another title in the twilight of his career and GM John Elway



Just shy of 40, Peyton Manning will forgo \$19 million and a 19th season in the NFL.

DAVID ZALUBOWSKI/THE ASSOCIATED PRESS



If there is a list of achievements needed to attain greatness you've checked every box.

Broncos president Joe Ellis

had the blueprints.

Four years later, he hobbles away a champion just like his boss did 17 years ago.

Elway thanked Manning for coming to Colorado for the second chapter of his brilliant career, saying he made his own job easier, noting that with Manning living here, free agents were basically asking Elway "where do I sign?" ver, leading the Broncos to four AFC West titles, two Super Bowl trips, one championship and in 2013 guided the highest-scoring offence in league history — all after retraining himself to throw after a series of neck fusion surgeries forced him to miss all of the 2011 season and led the Colts to cut him.

Manning went 50-15 in Den-

BRIE

Northern Ontario's Jacobs a perfect 4-0

In this Brier, if you

give an inch - and

we gave a few out

there - they're

going to bite you

Canada third John Morris

Northern Ontario's Brad Jacobs was the lone unbeaten team at 4-0 after seven draws at the Tim Hortons Brier in Ottawa follow-

ing a 10-6 win over Canada's Pat Simmons.

Alberta's Kevin Koe beat brother Jamie Koe 8-7 in the afternoon and then topped Manitoba's Mike McEwen 9-4.

The Alberta skip was alone

in second place at 4-1 while Newfoundland and Labrador's Brad Gushue was in third at 3-1. Ontario's Glenn Howard defeated New Brunswick's Mike Kennedy 9-6 to move into a tie at 3-2 with Simmons, who

dropped a surprise 6-4 decision to Prince Edward Island's Adam Casey earlier in the day.

McEwen and British Columbia's Jim Cotter were at 2-2 while Saskatchewan's Steve Laycock moved

to 2-3 after topping Quebec's Jean-Michel Menard 7-3 in the evening. THE CANADIAN PRESS

COURT

Andrews awarded \$55M in lawsuit

A jury awarded Erin Andrews \$55 million on Monday in her lawsuit against a stalker who rented a hotel room next to her and secretly recorded a nude video, finding that the hotel companies and the stalker shared in the blame.

After a full day of deliberations, the panel said the stalker was responsible for 51 per cent of the blame and the two hotel companies would share the rest, which comes out to nearly \$27 million.

Andrews, a Fox Sports reporter and co-host of the TV show Dancing with the Stars, wept as



Michael David Barrett was sentenced to serve 2-1/2 years in prison after admitting to stalking Andrews in three cities.

jurors announced the verdict.

Jurors heard directly from Andrews, who testified that she was humiliated, shamed and suffers from depression as a result of the video, which has been viewed by millions of people online. THE ASSOCIATED PRESS

TENNIS

Sharapova reveals she failed drug test

Tennis star Maria Sharapova says she failed a drug test at the Australian Open.

The five-time major champion took full responsibility for her mistake when she made the announcement at a news conference Monday in Los Angeles. The former world No. 1 could face a lengthy ban from the International Tennis Federation.

"I know that with this, I face consequences," Sharapova said. "I don't want to end my career this way, and I really hope I will be given another chance to play this game."

The 28-year-old Sharapova said she tested positive for mel-

donium, which she said she has been taking for 10 years for numero u s health issues. Meldonium, thought to be widely used by Russian athletes, became a banned substance this year under the WADA code. Sharapova claimed she didn't notice its addition to the banned list.

"I take great responsibility and professionalism

in my job,

Maria Sharapova PETER PARKS/AFP/GETTY IMAGES and I made a huge mistake," Sharapova said. "I let my fans down. I let the sport down that I've been playing since the age of four, that I love so

deeply."

Meldonium, also known as mildronate, is a Latvian-manufactured drug popular for fightng heart disease in former

ing heart disease in former Soviet Union countries. Meldonium treats ischemia, or lack of blood flow, but can be taken in large doses as a performanceenhancer that increases exercise capacity. THE ASSOCIATED PRESS



NHL WHEN SHARKS ATTACK The Sharks' Dainius
Zubrus checks the Flames' Josh Jooris at the Scotiabank
Saddledome on Monday night. The Flames entered the
contest with the chance to climb out of last place in the
Western Conference. Go to metronews.ca for the story.

JEFF MCINTOSH/THE CANADIAN PRESS

metr#sports 22 Tuesday, March 8, 2016

IN BRIEF

Dickey, Saunders lead **Blue Jays past Braves**

R.A. Dickey tossed three scoreless innings, Michael Saunders hit his third homer in as many games and the Toronto Blue Jays defeated the Atlanta Braves 3-1 on Monday.

Dickey allowed one hit to Gordon Beckham to open the third and threw 31 pitches with one walk.

Saunders, who homered twice and drove in five runs during Saturday's victory over Philadelphia, connected for a long solo shot to right field in the third. Ryan Goins added an RBI double for the Blue Jays in the fourth.

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PSYCHICS

Talbot, Scheifele, Burns named three stars of week

Edmonton Oilers goaltender Cam Talbot, Winnipeg Jets centre Mark Scheifele and San Jose Sharks defenceman Brent Burns have been named the NHL's three stars of the week.

Talbot went 3-0-0 with a 0.65 goalsagainst average, .981 save percentage and one shutout to backstop the Oilers to three wins in four

Scheifele led the NHL with six goals in four games, while Burns led all blue-liners with six points in three games.

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SUGGESTIONS & SOLUTIONS

Harvey in hot pursuit of Tour's top three

CROSS COUNTRY SKIING

Quebec native hopes to make it to podium by the series end

Alex Harvey did the interview sitting down. Halfway through eight races in a dozen days, the Canadian cross-country skier was saving his legs.

Harvey and the host team resume the gruelling Ski Tour Canada on Tuesday in Canmore, Alta., after four races in Quebec. Harvey heads into the tour's second half ranked fourth overall. The 27-year-old from Saint-Ferreol-Les-Neiges, Que., won a silver medal in a skate-ski sprint and was fourth in a 15k pursuit last week in Quebec City.

The series opened with races in Gatineau, Que., and Montreal. Russia's Sergey Ustiugov arrived in Canmore the men's overall men's leader. Norwegians Petter Northug Jr., and Emil Iverson were second and third respectively.

Harvey was two minutes four seconds back of Ustingov and 51 seconds behind Iverson.

"The dream is to come back on the podium," Harvey said Monday after a training session. "I'm going to need really good days and I'm going to need the guys in third, second and first to not have amazing days. If they keep putting time on me, it's going to be hard.

"We're still only at the halfway point. There's still a lot to go. Now you really have to stay strong and you can't really have a bad day because it's going to be hard to catch back up after that."

Norwegian women dominated the tour's first half with Heidi Weng, Therese Johaug,

Auburn.BayDuplex@

MorrisonHomes.ca

Astrid Uhrenholdt Jacobsen and Maiken Caspersen Falla holding down first to fourth respectively. After Tuesday's classic sprint, a men's 30k and women's 15k

on Wednesday combine classic and skate-ski techniques. Friday's

interval start and Saturday's classic We're still only at pursuit conclude the halfway point. both the tour and the World Cup sea-There's a lot to go.

Canada's Alex Harvey There will be races within races

at the Canmore Nordic Centre. the end of the long racing sea-Skiers are chasing medals in each day's race, but also fast times to climb the rankings in the Ski Tour Canada. World Cup points are also awarded according to finish. Not only will the

Ski Tour Canada champions be crowned Saturday, but so will the season's overall World Cup champions. It will mark the first time in history that cross-country skiing's crystal globes will be

hoisted outside of Europe.

There's also almost \$870,000 in prize money to be won in the Ski Tour Canada.

Multiple races in a compressed time frame at

son is draining the skiers' tanks. Harvey was eating, drinking, sleeping and stretching more than usual. He was vigilant about getting on the massage table as well.

"In the morning, it takes a solid 30 minutes to really start the engine because the muscles are sore, swollen from the day before," Harvey explained.

Devon Kershaw of Sudbury, Ont., is a veteran of stage races having competed in Europe's Tour de Ski since its inception in 2006. He finished fourth in 2012.

"You have to stay on top of your mobility, you have to stay on top of therapy when it's available," the two-time Olympian said. "You have to eat well and often." Canada has a large host team of 24 skiers in Canmore. Kershaw ranked 21st among the men and Emily Nishikawa of Whitehorse was the top Canadian woman in 45th after four races. THE CANADIAN PRESS



Alex Harvey races Friday's qualifier in Quebec City, the CANADIAN PRESS/JACQUES BOISSINGT

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160 Acres - 5;1;21;17;NE

155.70 Acres - 5;1;21;7;NE

128.69 Acres - 5;1;21;7;NW

10. 155.50 Acres - 5;1;21;7;SE

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Anyone interested in submitting an offer to purchase any or all of the lands described above should contact. Lexy R. Wong as set out below to obtain an offer package which will contain additional information about the lands and the terms and conditions which the Estate may consider when reviewing the offers.

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RECIPE Lemon Thyme Chicken Burger



Ceri Marsh & Laura Keogh For Metro Canada

These fresh and juicy burgers are fantastic with classic lettuce and tomato toppings but they're over the top with a good schmear of goat cheese.

Ready in

Prep time: 10 minutes Total time: 20 minutes

Serves 6

- Ingredients
- 1 lb ground chicken · 2 Tbsp fresh thyme
- · 1 Tbsp lemon zest (the
- zest of about 1 lemon) 1 Tbsp lemon juice
- 1 egg, whisked
- 1/2 onion, finely minced
- 1/4 cup breadcrumbs
- · 2 tsp dijon mustard Salt and pepper
- 1 Tbsp vegetable oil

6 whole wheat rolls

 Toppings: Lettuce, tomato, goat cheese

Directions

- 1. In a large bowl, mix together the meat, thyme, zest, juice, egg, onions, breadcrumbs, mustard and salt and pepper.
- 2. Using your hands, form the mixture into six 3/4- to 1-inch thick patties. Hold a patty over a bun just to check that you've made them about the same size.
- 3. Heat up your pan or barbecue. Add a drop of vegetable oil to the pan if you're cooking on the stove. Cook patties over medium/high heat for about 5 minutes on each side. The internal temperature should be 165 to 170 degrees.
- 4. Time to add the extra bits of deliciousness. Top with tomato, lettuce and goat cheese.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

 Airborne attacks 6. Mikhail Gorbachev's late wife 11. French possessive 14. Extreme 15. Violin, e.g. 16. Religious song: "Lead _, _ King Eternal" 17. Jan _ (17th-century Dutch painter) Specific-purpose committee 2 wds. Expend 20. 'T' of BLT 22. "I'll Always Be There" singer Mr. Voisine 23. _-chah-nulth (People of the Pacific Coast of Vancouver Island) Yellowknife-born actress who has famously portrayed Lois Lane in 'Superman' movies: 2 wds. 27. The basics 30, And, in Athens 31. Avery adhesive, Glue _ 32. _-Jongg 33. Those sharing PEI writer L.M. Montgomery's 'M.' initial 35. Belonging to the mountain nymph of ancient Greek mythology known for her voice 38. Breaking free 40. Surpasses 42. Gladiator's 2,650 43. Discharge 45. '__ in Calgary 46. Diving birds

48. Numero __

14	Т	\vdash	T			15	\vdash	\vdash	\vdash	\vdash		16	\vdash	Т
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49. The _ the limit (Anything is possible) 50. Eggplant dip: 2 wds. 54. Evian water 55. Honour 56. Mark 60. Electrical dis-

61. Canadian shoe

charge

stores 63. Ceremonial headdress 64. _ much (Few) 65. County in Ireland 66. Open, as a jacket 67. _-Caps (Candy)

68. Loretta's por-

trayer on film 69. Alberta town, _ River

DOWN

1. Corrode 2. Sax sort Newspaper piece 4. Aspirations

5. _ Barbara, Cali-

8. Eric Clapton's "_ the Sheriff" 9. _ and bonds 10. Frank Gehry's

fornia

6. "Clothes Off" by

writer_Mae

in outer space

Canadian singer/song-

21. Mork's language on his planet 25. Give a guess 26. Monopoly roll-ees 27. _/_ radio 28. Ointment 29. _ Bay (Nova Scotia body of water) 33. Holder of the drink that goes with cookies: 2 wds. 34. ___evil, hear... 36. Showbiz personality Aubrey 37. Angry cat's noise 39. South American country [abbr.] 41. Deletes by making a crisscross marking: 2 wds. 44. Labrador Retrievers, for example: 2 wds. 47. "Would you like me to?": 2 wds. 49. _ Auditorium (Los Angeles venue which has hosted many award shows) 50. Lima and Kidney Screenplay writer Mr. Sorkin 52. Luxury cars 53. Took notice: 2 wds. 57. Strip by the Medi-7. Human's replacement terranean Sea 58. "Modern Family" star Mr. Stonestreet 59. Gift wrapper's need

62. Tofu base

*** IT'S ALL IN THE STARS** by Sally Brompton

Aries March 21 - April 20 A friend needs some reassurance and you are the one to provide it. A cheery word or two could be all it takes to pull them out of their mental and emotional nosedive and get them on the road to happiness again.

Taurus April 21 - May 21 You may not agree with what a loved one is planning but don't be critical. If you're negative it will only encourage them further, so you might as well stand back and let it happen.

Gemini May 22 - June 21 You have done some remarkable things of late but there could be a price to pay if you push yourself too hard. Be less relentless in your pursuit of fame and fortune.

Cancer June 22 - July 23 Is it possible to have too much of a good thing? Yes, so be careful over the next few days. Fun times are on the way - but if you go too far you may regret it health-wise.

Leo July 24 - Aug. 23 You may not be able to summon up a great deal of enthusiasm for what you have to do today but that's okay. You really don't have to make too much of an effort. Get others to make it for you.

Virgo Aug. 24 - Sept. 23 Let others make decisions for you today. If they make the right ones it will save you a lot of time and effort. If they're wrong then at least you'll have someone to blame.

Libra Sept. 24 - Oct. 23 Try to steer clear of issues you don't understand. If you make a small change in one area it could lead to a big change in another and it may not be the kind of change you enjoy.

Scorpio Oct. 24 - Nov. 22 Don't go to pieces if someone is critical of your performance today. Most likely they are just trying to help by pointing out where they think you have been going wrong. There is no need to get upset about it.

Sagittarius Nov. 23 - Dec. 21 You clearly have a lot on your mind and the last thing you need is to be bombarded with ideas and plans you know nothing about and care even less for. Keep yourself to yourself.

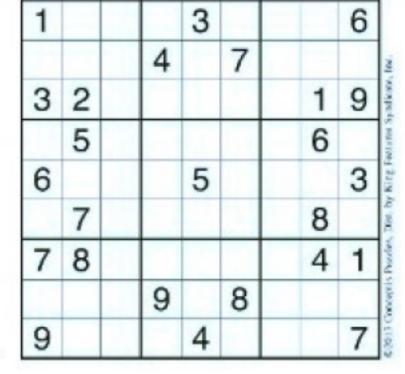
Capricorn Dec. 22 - Jan. 20 You have important things to take care of. Yes, they are boring and, yes, there are a dozen other things you would rather be doing, but you have responsibilities to live up to.

Aquarius Jan. 21 - Feb. 19 This is not a good day to take chances with money, so keep your cash in your pocket. Tomorrow's solar eclipse will transform your financial fortunes but for the next 24 hours you must not spend a penny.

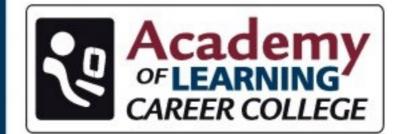
Pisces Feb. 20 - March 20 It's OK to win but where you finish in the race is less important than the fun you had taking part. Let go of your competitive instincts today because they may be holding you back.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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Maserati Quattroporte. MASERATI

That lik ai gaivinb yruxul Jahwt

LaCrosse. There's something for lon, Kia K900, or all-new Buick turers, such as the Toyota Avaels from mainstream manufacon display: Well-appointed modsome of the "mid-luxe" vehicles much for your wallet, look at But if "full luxury" is a little too dai's new Genesis luxury brand. G90, the first model from Hyungance, as well as the Genesis sidered the epitome of extrava-

period of battery-only driving.

plugged in to provide a short

ventional hybrid, but can be

brid operates mostly as a con-

urious Porsche Cayenne S E-Hy-

RX450H. The sporty and lux-

finiti QX60 Hybrid, and Lexus

Toyota Highlander Hybrid, In-

hybrid drivelines, such as the

but you can get some with

aren't any pure-electric SUVs,

priced models. are found on many moderatelyheated steering wheels, which navigation, heated seats, and ing automatic climate control, more recent features, includhigh-end vehicles, along with rors, were originally reserved for power windows or heated mired on almost all cars, such as things that we take for grantfeatures started to show up on and the price came down, these costs. As sales volume increased cause of their high development expensive add-ons, primarily beof which initially start out as duced higher-end features, most vehicles have traditionally introbe added to a vehicle. Premium how much leather and wood can

But luxury isn't just about

That's often still the case,

odrur-niwt rewoqserod-068 sti like the Ferrari 488 GTB, with notch performance in vehicles seats. Luxury can also meet topits thirty-way power-adjustable all-new Lincoln Continental and and soft leather trim, or the el-like knurled control knobs ati Quattroporte, with its jewwith vehicles such as the Maser-

ally had larger engines, fancier ally for luxury cars. These usudown, a market opened specificmore reliable and prices came very plain. But as they became pensive luxury, even if they were automobile, cars were an ex-

In the earliest days of the just about everyone loves lux-

what defines a luxury vehicle? Auto & Truck Show. But just see at the Calgary International ury, and there's plenty of that to McIntosh

San Suva noapinous

introduce high-end features

have "4WD Auto" settings can wheel drive. Only those that from rear-wheel drive to four-Jeep Wrangler, can be switched or off-road vehicles like the Expedition or Toyota Sequoia, the Chevrolet Suburban, Ford pickup truck platforms, such as getting. Full-size SUVs based on be sure you know what you're We talk about "car culture," but

Most of the current crop of SUVs positions that SUVs offer. cargo capacity, and tall seating get enough of the interior space, ity vehicles, Buyers can't seem to cing their versions of sport util-Jaguar and Bentley are introdubecome so popular that even rows of seats. The segment has full-size, and with two or three in everything from compact to love is the SUV. They're available in reality, what Canadians really

when you're looking for one. call them, consider these points vans, But no matter what you -inim bns — sreturers — and mini-VUS ditw yldsagnsharatni basu height, but a name now often ginally cars with higher ride can include crossovers — orito debate, and the segment what makes an SUV is open but don't stop there. Exactly national Auto & Truck Show, is on display at the Calgary Inter-

wheel drive or all-wheel drive, the same. If a model offers four-Not all 4WD/AWD systems are

Premium vehicles traditionally Spyder, with its 10-cylinder eniors, as compared to cheaper less-expensive vehicles. Such V8, or Lamborghini's Huracán styling, and more opulent inter-

cars from Rolls-Royce, coneveryone at the show. The Calgary show includes

or Mercedes-Benz Metris. like the Ford Transit Connect versions of commercial vehicles different, consider the wagon row Kia Rondo, or for something els like the Mazda5 or the threebig, look at "mini-minivan" modwheel drive. If those are all too only minivan available with all-

drive models? There currently What about alternative-

> once were, but minivans can be Lincoln MKX. соитявитер

> are the Honda Odyssey, Kia Pacifica minivan. Other choices twins with the all-new Chrysler and Chrysler Town & Country popular Dodge Grand Caravan For 2017, Chrysler will replace its in and out, or loading up cargo. than an SUV for ease of getting in many cases, they're better a great choice for families, and

> Sedona, and Toyota Sienna, the

nowhere near as popular as they What about a minivan? They're and headroom than others. seats offer a lot more legroom

the rear axle, some third-row

on how they're positioned over

fold for access, and depending

easier than others to flip and

some second-row seats are far

gymnast to squeeze back there,

Some require the flexibility of a

They're not all created equal.

rows, take the time to sit there

If you are considering three

useful, hidden storage areas.

third row is often turned into

since the space taken up by the

be a better choice, especially

row version, if available, may

that many passengers, the two-

seats? If you don't regularly take

and upcoming Mercedes-

swagen Golf Sportwagon,

Benz C-Class Wagon.

BMW 3 Series Touring,

ket, including the Volk-

tion wagons on the mar-

There are still a few sta-

model except the Honda 2015, outselling every car ni VUS gnilles-qot s'ebe The Ford Escape was Can-

BEST SELLER

Do you need three rows of

furns or emergency manoeuvres.

they do react differently in sharp

really feel "tippy" anymore, but

ever driven a car. None of them

er centre of gravity if you've only

will have to get used to that high-

mean better visibility, but you

a car. An SUV's taller height can

They handle differently than

rear wheels when necessary.

drive, but transfer power to the

run primarily in front-wheel

Many small SUVs and crossovers

aru Forester or Audi Q3 Quattro.

all the time, such as on the Sub-

send power to all four wheels

faces. Some all-wheel systems

be driven in 4WD on hard sur-

MET BEFORT REPORT: CALGARY INTERNATIONAL AUTO & TRUCK SHOW





cost one.

it than to add air to the lower-

priced competitor equipped with

it may cost less to buy a higher-

the advertised price down, and

tioning off the base trim to keep

Some automakers leave air condi-

ing entry-level economy models.

And be cautious when compar-

add specific options or packages.

trim levels, while others let you

Some automakers offer "all-in"

to see what features you want.

up and down? Do they fall flat,

cargo space, are they easy to put

If the rear seats fold for more

it's too high, it'll be a real chore.

grocery bags to put them in. If

bumper you have to hoist your

which is how far up over the

it. Check the "liftover" height,

reach up for the hatch to close

If you're short, be sure you can

comfortable over long distances.

vide the support needed to stay

in German vehicles — can pro-

typically the type you find

drive. Conversely, harder seats

achy back, even just after a short

soft and can leave you with an

first, but these seats may be too

the vehicle. Cushy feels nice at

short time you'll be sitting in

but it can also be tricky in the

reach all the seatbelts to buckle

small children, be sure you can

to step over. If you'll be carrying

door sills can be high and hard

reduced mobility, since some

ant if you have passengers with seats. This is especially import-

be in the way of reaching any

be placed where your java will

port, while cupholders shouldn't should be close to the charging for it. The spot for your phone

seat storage space is adequate

into your car, and if the front-

Thy getting in and out of all the

them in.

switches.

Seat comfort is important,

Open the trunk or liftgate.

97 or is there a ridge?

Finally, look at the trim lines

Think about what you take

you should be able to easily reach

in the proper driving position,

to the side pillar). When you're

adjusted where they're attached

cut into your neck (most can be

dows, and the seatbelt shouldn't

visibility through all the win-

floor. You should also have full

push every pedal right to the

without being too close to it, and

able to reach the steering wheel

the seat back, you should be

your shoulder blades touching

Make notes and take photos of

the features you liked or didn't.

to remember which one had

lot of models and it's not easy

handy. You'll be looking at a

show, and have your phone

Saleriatem gaiblind yud noy ob

8 sheet of plywood, how often

-vd-+ lenoitibert off blod of boxis

you insist a pickup truck must be

you need a three-row SUV? Or if

really take enough people that

model than necessary. Do you

end up with a larger or pricier

Many drivers overestimate and

portant, what you don't need.

requirements, and equally im-

take for a drive at the dealership.

the list of vehicles you'll later

erous models and narrow down

you a chance to compare num-

decision. But the auto show gives

before you make your ultimate

course, and you'll need to do that

see them, they're all here under

drive from dealer to dealer to

best place to visit. Rather than

vehicle, the auto show is the

If you're in the market for a new

McIntosh

You can't test-drive them, of

First of all, figure out your

Take a pen and paper to the

Get behind the wheel. With

all the controls.

each one.



FINDING THE RIGHT FIT torm a car

the space needed in a vehicle

It's common to overestimate





By doing all of the homework, you'll be ready to head to the dealership, contribute

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MAOJ OTUA CALGARY

retains its unibody construc-TRD interior trim. premium stereo, and unique new 2017 Ridgeline. While it the Canadian debut of its all-18-inch black alloy wheels, Honda recently presented kit, dual exhaust, skid plate, remote reservoir suspension

der or V6 gasoline engine. in addition to a four-cylinramax turbodiesel engine, ordered with a 2.8-litre Du-GMC Canyon can now be Chevrolet Colorado and transmission. The midsize an eight-speed automatic able 5.3-litre V8 now uses select trim lines, the avail-Silverado and GMC Sierra. On tures to its full-size Chevrolet ges and adds some new feaeral exterior styling chan-General Motors makes sev-

V8 engine it replaces. ful and efficient than the engine that's more power-Will use a turbocharged V6 engines, while the Raptor feature gasoline and diesel frame. The Super Duty will body and high-strength-steel munimuls as sau lliw dood Raptor. As with the F-150, models: The Super Duty and Tive later this year as 2017 two all-new trucks will arunchanged for 2016, but Ford's F-150 is essentially

and what's new in trucks: what you can expect to see too. Here's a rundown of show; it's all about trucks, Calgary isn't just an auto

McIntosh

to 2016 models features added Wanto etod

OFF-ROAD UPGRADES

estauri ni

trim level, with exclusive new TRD Pro Series off-road The full-size Tundra gains a when full power isn't needed. fuel-saving Atkinson cycle adjusts its valve timing to a automatically and seamlessly ment-first 3.5-litre V6 engine control. Its available, segoff-road package with crawl ing, more capability, and an coma for 2016, with new styl-Toyota has an all-new Taaddition to gasoline choices. able 3.0-litre diesel engine in

Ram 1500 offers an availand Rebel. As before, the els, the Laramie Limited -vəl mitt wən owt eti no gni sole, and unique grille stylincluding a new centre conor styling changes for 2016, Ram undergoes some min-

of V6 or V8 gasoline engines. and be powered by a choice will ride on its own chassis new Titan half-ton, which be followed soon by the allproperly equipped. It will up to 12,000 pounds when engine, the Titan XD can tow a Cummins 5.0-litre V8 diesel heavy-duty trucks. Carrying gap between light-duty and Titan XD, which bridges the Wan-lis and add all-new

try-first, in-bed audio system. will offer an available induswell as all-wheel drive, and able in front-wheel drive as the first time, it will be availway tailgate remain, but for in-bed locking truck and twoof a conventional pickup. Its its styling is now more that tion and 3.5-litre, V6 engine,

Ford Raptor, FORD



What's new







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other, a technology known "driver" is an important break for Google. TONY AVELAR/THE ASSOCIATED PRESS Google's self-driving car is seen during a demonstration at the Google campus in Mountain View, Calif. The redefinition of

Vehicles would also have ferent route. those far away to select a dif-

stopping point. Pirelli is detially slide past its intended tion it has, or it could potenpas to know how much trac-A car that's braking itself and that includes the tires. to continually self-diagnose,

by each car in turn, warning the message could be relayed a traffic issue, for example, ges down the line. If there's allows cars to pass messasignals to cars close by, V2V as traffic lights will only send

While fixed structures such

as Vehicle to Vehicle (V2V).

ture, as well as with each municate with infrastruc-

Cars will have to com-

where it is and where it's

next manoeuvre, and know

mation to accurately plan its

computer in the car the infor-

"We need all that to give the

gation company TomTom.

".gaibead

omy out of their vehicles. to squeeze better fuel econmakers are constantly trying gine developments, autoweight materials to new ento electric cars, from light-From hybrid technologies

Not only do they have to

vehicles as well. when they're shopping for factor for many consumers dards, but it's an important ciency and emissions stanmeet government fuel effi-

dent in your fuel purchases. new, you can still make a the market for something But even if you're not in

ourselves as good drivers, the While we like to think of

Try these out and prepare of our driving habits. we drive, by changing some efficiency, no matter what us could get even better fuel reality is that almost all of

and spend less at the pump. more often than you do now, to sail past the gas station

TAKE THE WHEEL cars here yet? gaivinb-1192 Whyaren't

DEVELOPING

long, straight highway Freightliner is currently For tractor-trailors

tor-trailer that would allow

Since many people suf-

president and CEO of navi-

ends," says Harold Goddijn,

an exit starts and where it

centimetre accuracy where

lanes there are, and twenty-

are on the road, how many

need to know how many lines

ate than they are now. "We

have to be far more accur-

road markings are worn or

and they can't function if

know to stop for red lights,

only do so much. They don't

the law requires you to take

over after a few seconds.

ting in self-driving cars. carsick when they're sit-

drivers from becoming

screens to help prevent

wobniw ,ngisab teas gni

automakers are researchfer from motion sickness,

noitemnoîni bne , szie

They're impressive, but can

covered with snow.

Uavigation systems will

drivers to take a break on testing a self-driving trac-

need to be met checkpoints the works, but Technologyin

been hearing about them for can drive themselves. We've those of today, with cars that be considerably different than The roads of tomorrow will McIntosh

quite a while now, so why are

Much of the issue isn't in they taking so long?

themselves. before they can think for it's going to take far more vehicles are already here, but Cars that can react to other have to develop with them. the various technologies that the cars themselves, but in

pre-set distance from vehicles cruise control that keeps a Many cars already have

pilot themselves, although currently on the market can ing. Using these, some cars automatic emergency brakand steers between them; and tion that detects road lines ahead; lane departure mitiga-

How to improve fuel economy

your brakes last longer, too. to the stop. It'll help make take it off and decelerate time to brake for red lights, foot on the throttle until it's Rather than keeping your Coast whenever you can.

destination all by itself.

your car takes you to your

have to be in place before

erous technologies that will

in time. It's just one of num-

sure that it slows and stops

to the car's sensors to en-

and relay the information

can measure the grip it has

veloping a 'cyber tire' that

throttle. If you're constantly · Stay smooth on the

annoying your passengers. a lot of that gas. You're also tain your speed, you're using the-gas when trying to mainon-the-gas, off-the-gas, on-

JIL MCINTOSH pressure the tire can hold. tire, which is the maximum go by the number on the your owner's manual. Don't ni 10 dmsį 100b 9d1 sbisni that you'll find on a label the recommended pressure least once a month, using more fuel. Check them at roll as easily, and they use Underinflated tires don't Check your tire pressure.

safer but can help save fuel. tion off your car is not only cleaning heavy accumula-That includes snow, too: that extra weight around. It takes extra fuel to move carry more than you need. Un-junk the trunk. Don't

them, rather than stopping

change lanes and go around

the opportunity to smoothly

vance, potentially giving you

or furning vehicles well in ad-

possible, You'll see stopped

can, right to the horizon if

ways look ahead as far as you

Vision is important. Al-

on vehicle components.

helps reduce wear and tear

eration uses less fuel and

even more. Smooth accel-

ing the throttle requires

from a stop, and punch-

most fuel when moving

ly. Your vehicle uses the

Accelerate moderate-

and starting again.

Change your driving habits to reduce fuel consumption. ISTOCK

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AUTONOMOUS EMERGENCY WHEN EQUIPPED WITH AVAILABLE

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5-year/Unlimited km 24 Hour Roadside Assistance 5-year/100,000 km Emission Warranty

YTNARRAW 5 YEAR

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complete details. 11Hyundai's Comprehensive Limited Warranty coverage covera most vehicle components against defects in workmanship under normal use and maintenance conditions. Dealers are licensed under the Fair Trading Act. Prices exclude registration, insurance, PPSA, license fees and dealer admin. fees of up to \$499. Fees may vary by dealer. A Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSAs) New Car Assessment Program (www.SaferCar.gov). 0+COffers available for a limited time and subject to drange or cancellation without notice. Dealer may sell for less. Inventory is limited. Visit www.hyundaicanada.com or see dealer for .78% m. Prices of movery and Destination of the Year Destination of the Year Destination of the Year Destination of the Year Salt State Destination of the Year Destination of \$1,786, Lease offers exclude registration, insurance, PPA, license fees and dealer admin. fees may vary by dealer. \$0 security deposit on all models. 20,000 km allowance per year applies. Additional charge Biveekly lease payment of \$15,210,5138 for a 60-month valk-away lease. Down payment of \$0 and first monthly payment required. Total lease obligation is \$15,210,513,940. Lease offers include Delivery and Destination draige of transferable and cannot be assigned. No vehicle trade-in required. OLeasing offers available O.A.C. from Hyundai Financial Services based on a new 2017 Elantra GL Auto/2016 Tucson 2.0L FWD with an annual lease rate of 2.99%/1.49%. answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00pm (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com. OPrice adjustments of up to \$4,000 available on all new 2016 Santa Fe Sport 2.4L Luxury AWD models. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is nonexclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is have reached the age of majority in their province or territory can enter the contest at www.hyundaisupersearch.com between February 13, 2016 at 12:59pm (FT). One entry per each Weekly Prize. One entry per each Weekly Prize of CDM\$20,000.00. To be eligible for Grand Prize, contest perform test drive of a new Hyundai vehicle at a Canadian Hyundai entry per Grand Prize. Four (4) Weekly Prizes of CDM\$2,500.00 each, and one (1) Grand Prize of CDM\$20,000.00. To be eligible for Grand Prize, contest perform test drive of a new Hyundai vehicle at a Canadian Hyundai @/mThe Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. All other trademarks are the property of their respective owners.



ALBERTA MOTOR VEHICLE



This weekend's event features the latest models of sports cars, luxury vehicles, and trucks and SUVs. CONTRIBUTED

Auto show rolls of the

later on for a test-drive,

and then visit the dealerships

a short-list of possibilities,

From here, you can make up

brochures or information.

them later, and pick up any

iors so that you can compare

you can easily lift cargo in

the trunk or hatch to see if

buckle their seatbelts. Open

reach all seating positions to

check to see that you can

or if the door doesn't open

get in if the sill is too wide,

difficult for many people to

ited mobility, since it can be

or your passengers have lim-

is especially important if you

all the seating positions. This

vehicle: Your coffee mug, the things you take into your

see if there's a place to put if it's comfortable. Check to

Try getting in and out of purse or pack, or your phone.

If you have small children,

Juo bns.

wide enough.

Take photos of the inter-

models before going to a dealer Check out lots of makes and

TA32 8'93VIRG 3HT NI

MAV MAM 3HT

charge, test at the van, at no spot baseline PSA blood can receive an on-the-Chev. Men 40 and older sponsored by Jack Carter works at the show, Cancer Centre will have As always, the Prostate

when they're at the dealerget a chance to fully manage work that many people don't drives, you can do the homeyou can't take any for testto comparison-shop. While

you're considering, and see

Get into each vehicle

tion, the five-day show is the gary Motor Dealers Associa-Show. Presented by the Cal-International Auto & Truck thing for you at the Calgary look around, there's somefor a vehicle or just like to

such as Ferrari, Lamborghini, models from manufacturers show also features exotic and premium brands, the and SUVs from mainstream In addition to cars, trucks

With all models under one

McIntosh Whether you're in the market

thing on wheels. place to see almost every-

Maserati, and Rolls-Royce.

roof, the show is a great place



tickets.

words bne ,and show

Night, which includes

ages, hotel stays, restau-

hourly draws for spa pack-

is Universal Lincoln Ladies

Of datch 9, while March 10

com. Discount admission

online at autoshowcalgary.

no stoines of benefito si

Roundup Way. tre at Stampede Park, 20 March 13 at the BMO Cenday, March 9 until Sunday,

 March 13: 10 a.m. - 6 p.m. March 10-12: 10 a.m. -March 9: 3 p.m. – 10 p.m.

plus) and youth (11-17) pay weekends. Seniors (65on weekdays and \$15 on Tickets are \$10 for adults

100 per cent of money raised The gala is a fundraiser, with Vehicles and Violins Gala. ciation hosts the 16th annual Calgary Motor Dealers Asso-On Tuesday, March 8, the

autoshowcalgary.com. Mexico, go to the site: of gala's raffle to win a trip to mission, or to buy tickets for For more information on ad-Children's Cottage Society. Alex youth services, and the Start Recovery Centre, The event will benefit the Fresh going to charity. This year, the

The gala event

prizes to be won. conтRIBUTED

Lots of fun to be had and

VEHICLES AND VIOLINS



THE FOR VIOLENCE OF THE CORP.

Calgary International Auto & Truck Show • March 9-13 • BMO Centre at Stampede Park



INSIDE: What's in store for trucks in 2016, the evolution of luxury, and more

SG\$

INTRODUCING

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